

RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS)

RECOMMENDED FOUR-YEAR PLAN

Course	Title	Hours
First Year		
Fall		
RCTH 120	Disability, Community Inclusion, and Diversity	3
ENGL 102	Critical Writing	3
ESAP 101	FIRST Seminar *	1
PSYC 105	Introduction to Psychology	3
SUBJ 139	Foundations of Academic Discovery ¹	3
Hours		13
Spring		
RCTH 220	Recreational Therapy Services	3
ENGL 104	Critical Reading	3
MATH 117	Quantitative Reasoning	3
PSYC 244	Developmental Psychology	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Hours		15
Second Year		
Fall		
RCTH 233 or RCTH 232	Recreational Therapy for People with Psychosocial and Mental Disorders or Recreational Therapy for People with Physical Disabilities	3
PSYC 276	Introduction to Abnormal Psychology	3
SCI 101	Science of Life	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Declare a Thematic Thread ²		
Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Hours		15
Spring		
RCTH 232	Recreational Therapy for People with Physical Disabilities	3
SCI 102	Understanding the Physical World	3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Elective/Minor		3
Hours		12
Third Year		
Fall		
RCTH 319	Client Assessment in Recreational Therapy	3
RCTH 351	Recreational Therapy Practicum	3
PE 360	Anatomical and Physiological Basis of Physical Activity/Lab	3

Elective/Minor		3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
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Hours		18
Spring		
RCTH 314	Clinical Aspects of Recreational Therapy	3
RCTH 317	Organization and Management of Recreational Therapy Practice	3
RCTH 415	Challenges and Trends in Recreational Therapy	3
RCTH 423	Recreational Therapy Interventions II	3
Thematic Thread Requirement OR Elective (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Hours		15
Fourth Year		
Fall		
RCTH 320	Recreational Therapy Program Design	3
RCTH 420	Recreational Therapy for Older Adults	3
RCTH 422	Recreational Therapy Interventions I	3
PE 364	Biomechanics of Individuals with Disabilities	3
Elective/Minor		3
Hours		15
Spring		
RCTH 450	Internship	12
PHIL 325	Medical/Health Care Ethics	3
Hours		15
Total Hours**		118

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

* Students are encouraged to take ESAP 101 as a Free Elective.

** This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.

Major Code: 6393

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