

RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) / PRE-PHYSICAL THERAPY (SRU) (3+3)

RECOMMENDED THREE-YEAR PLAN

Course	Title	Hours
First Year		
Fall		
RCTH 120	Disability, Community Inclusion, and Diversity	3
ENGL 102	Critical Writing	3
ESAP 101	FYRST Seminar *	1
PHYS 201	Elements of Physics I with Lab	4
PSYC 105	Introduction to Psychology	3
SUBJ 139	Foundations of Academic Discovery ¹	3
Hours		17
Spring		
RCTH 220	Recreational Therapy Services	3
RCTH 232	Recreational Therapy for People with Physical Disabilities	3
ENGL 104	Critical Reading	3
PHYS 202	Elements of Physics II/ Lab	4
PSYC 244	Developmental Psychology	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		19
Second Year		
Fall		
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders	3
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
PSYC 276	Introduction to Abnormal Psychology	3
STAT 152	Elementary Statistics I	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
RCTH 316	Applied Research and Evidenced-Based Practice	3
Declare a Thematic Thread ²		
Hours		19
Spring		
RCTH 314	Clinical Aspects of Recreational Therapy	3
RCTH 317	Organization and Management of Recreational Therapy Practice	3
BIOL 209	Human Anatomy and Physiology I	4
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4

Social Science Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		17
Third Year		
Fall		
RCTH 319	Client Assessment in Recreational Therapy	3
RCTH 320	Recreational Therapy Program Design	3
RCTH 420	Recreational Therapy for Older Adults	3
RCTH 422	Leisure Education and Counseling	3
BIOL 309	Human Anatomy and Physiology II	4
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		19
Spring		
RCTH 450	Internship	12
PHIL 325	Medical/Health Care Ethics	3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		18
Total Hours**		109

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

* Students are encouraged to take ESAP 101 as a Free Elective.

Major code: 63P2

Revised: 06.01.2023