

# RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) / PRE-PHYSICAL THERAPY (SRU) (3+3)

## PROGRAM LEARNING OUTCOMES

**1. Degree Program Writing Competency:** Upon completion of the degree program RT students will write professionally and effectively, according to expectations of the Recreational Therapy profession. – UG1

**2. Life-Long Learning:** Recognize the importance of lifelong learning and demonstrates responsibly for self-assessment and growth. This ability is evident through the demonstration of self-initiating behaviors, anticipating and responding to changes in a productive manner, assuming responsibility for continuous self-reflection assessment of strengths and limitations and in seeking out information from a variety of resources in an independent manner. – UG5, UG6

**3. Methodological Proficiency:** Upon completion of the degree program RT students will use an analytical framework to facilitate the Recreational Therapy process to meet the needs of individuals. The abilities developed include a solid knowledge of the RT process, assessment methods, planning skills, intervention, techniques and strategies, and evaluation skills. – UG2, UG3, UG4,

**4. Professional Decision Making:** Analyze and synthesize complex information to make sound clinical decisions. This ability is inclusive of areas such as problem solving, critical thinking, evaluation and organization with application to clinical and non-clinical areas. – UG10

**5. Professional Interactions:** Effectively communicates with people in a variety of professional contexts including assisting clients in confronting and coping with life challenges, collaborating on teams and presenting information in oral and written formats. The abilities developed include striving to maintain objectivity, tolerating ambiguity, appreciating diversity and adhering to conventional standards of expression. – UG8, UG10,

**6. Valuing Ethical Responsibilities:** Act with professional values in all situations. These skills include maintaining appropriate humane and ethical treatment of individuals as well as upholding the professional code of ethics. This expertise includes formulating value judgments reflecting a respect for dignity and individuality of every person. – UG7, UG8, UG9

## What are your options?

**Pre-Physical Therapy SRU 3+3:** Earn a Doctor of Physical Therapy in six years rather than seven. In the first three years, you complete your major courses and prerequisites for the SRU DPT program. During your third undergraduate year, you apply for admission into the SRU DPT program. If accepted, your first year in the SRU DPT program meets the remaining requirements for your undergraduate degree. If not accepted, you continue to complete your undergraduate degree and can reapply to the program. The accelerated option is for incoming freshmen only.

**Pre-Physical Therapy (SRU Traditional):** Complete the requirements for your major and the prerequisites for the SRU DPT program and apply to the SRU DPT program in your senior year.

## RELATED LINKS

Recreational Therapy - Pre-Physical Therapy, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/recreational-therapy-pre-physical-therapy/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)

## CURRICULUM GUIDE

### GPA REQUIREMENT

#### 1<sup>st</sup> Major: Recreational Therapy

- Overall GPA: 2.0 or higher
- Major GPA includes Major Requirements: 2.0 or higher

#### 2<sup>nd</sup> Major: Pre-PT SRU 3+3 Recreational Therapy

- Overall GPA: 3.00 or higher

### SUMMARY\*

Code	Title	Hours
	Rock Studies 2 Requirements	44
	Other Basic Requirements	0-3
	Major Requirements	48
	NCTRC Certification Requirements	6
	Electives	34

\* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate. However, because this is a pre-professional program, credits taken during the 1<sup>st</sup> year of the graduate program are applied toward the undergraduate credit hours to meet the 120 credits required for your undergraduate degree.

### ROCK STUDIES 2 REQUIREMENTS

Code	Title	Hours
<b>The Rock</b>		
SUBJ 139	Foundations of Academic Discovery <sup>1</sup>	3
ENGL 102	Critical Writing	3
ENGL 104	Critical Reading	3
STAT 152	Elementary Statistics I	3
Select one of the following:		
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Subtotal		15

#### Integrated Inquiry

<i>Creative and Aesthetic Inquiry</i>		
Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<i>Humanities Inquiry</i>		
Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<i>Social Science Inquiry</i>		
Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<i>Natural and Physical Sciences Inquiry</i>		

PHYS 201	Elements of Physics I with Lab	4
BIOL 209	Human Anatomy and Physiology I	4
Subtotal		17
<b>Thematic Thread</b>		
Required Thematic Thread Coursework: <sup>2</sup>		12
EXSC 250	Medical Terminology	
PHIL 325	Medical/Health Care Ethics	
or HCAM 375	Ethics & Legal Fundamentals for the Health Professions	
PSYC 105	Introduction to Psychology	
Additional 300-400 Level Course		
<b>Total Hours</b>		<b>44</b>

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> One course from each category; six credits must be 300-level or above; no more than 4 credits from one subject area; specific courses required in first major, regardless of prefix of course, cannot be used to satisfy thread requirements; any course with same prefix as first major cannot be used to satisfy thread requirements, even if it is not a course in the first major.

## Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

Code	Title	Hours
Complete one of the following:		0-3
Meet required minimum SAT or ACT math score OR		
ESAP 110	Beginning Algebra	
<b>Total Hours</b>		<b>0-3</b>

## DIVERSITY, EQUITY, AND INCLUSION REQUIREMENT

Students must take and pass a course with the Diversity, Equity, and Inclusion (DEI) designation prior to graduation. Students can meet this requirement by taking any DEI - designated course in any program at any time during their undergraduate career.

## MAJOR REQUIREMENTS

- If you choose to pursue Pre-Physical Therapy SRU 3+3 Recreational Therapy and are not accepted into the DPT program, then additional coursework is required to complete a first major of Recreational Therapy. Please refer to the Recreational Therapy Curriculum Guide.

Code	Title	Hours
<b>Recreational Therapy Courses</b>		
Must earn a "C" or better in all of the following RCTH courses:		
RCTH 120	Disability, Community Inclusion, and Diversity <sup>1</sup>	3
RCTH 220	Recreational Therapy Services <sup>1</sup>	3
RCTH 232	Recreational Therapy for People with Physical Disabilities <sup>1</sup>	3
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders <sup>1</sup>	3
RCTH 314	Clinical Aspects of Recreational Therapy <sup>1</sup>	3

RCTH 316	Applied Research and Evidenced-Based Practice <sup>1</sup>	3
RCTH 317	Organization and Management of Recreational Therapy Practice <sup>1</sup>	3
RCTH 319	Client Assessment in Recreational Therapy <sup>1</sup>	3
RCTH 320	Recreational Therapy Program Design <sup>1</sup>	3
RCTH 364	Biomechanics of Individuals with Disabilities <sup>1</sup>	3
RCTH 420	Recreational Therapy for Older Adults <sup>1</sup>	3
RCTH 422	Leisure Education and Counseling <sup>1</sup>	3
RCTH 450	Internship <sup>1</sup>	12
<b>Total Hours</b>		<b>48</b>

<sup>1</sup> Course counts for 50% of Major requirements and Major GPA

\* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

## NCTRC CERTIFICATION REQUIREMENTS

These courses must be completed by the student in order to be eligible to take NCTRC Certification Exam

Code	Title	Hours
PHIL 325	Medical/Health Care Ethics	3
or HCAM 375	Ethics & Legal Fundamentals for the Health Professions	
PSYC 276	Introduction to Abnormal Psychology	3
<b>Total Hours</b>		<b>6</b>

## ADDITIONAL PHYSICAL THERAPY PREREQUISITE COURSES

Code	Title	Hours
BIOL 209	Human Anatomy and Physiology I	4
BIOL 309	Human Anatomy and Physiology II	4
CHEM 107	General Chemistry I	3
CHEM 108	General Chemistry II	3
CHEM 111	General Chemistry I Lab	1
CHEM 112	General Chemistry II Lab	1
PHYS 201	Elements of Physics I with Lab	4
PHYS 202	Elements of Physics II/ Lab	4
PSYC 244	Developmental Psychology	3
STAT 152	Elementary Statistics I	3
<b>Total Hours</b>		<b>30</b>

## CO-CURRICULAR AND EXPERIMENTAL LEARNING

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

- High-Impact Practice (HIP) designated classes
- Student-faculty research
- Student leadership development
- Service-learning classes

5. Internships
6. Volunteering

## Doctor of Physical Therapy (DPT) Prerequisite Admission Requirements – Pre-Physical Therapy SRU 3+3

### For Application Requirements

Please refer to Slippery Rock University's Physical Therapy (Doctor of Physical Therapy) website for requirements: [www.sru.edu/PT/](http://www.sru.edu/PT/) (<http://www.sru.edu/PT/>).

### Rock Studies 2

Code	Title	Hours
<b>Prerequisite Courses - SRU Physical Therapy</b>		
Select one of the following:		6-8
BIOL 209 & BIOL 309	Human Anatomy and Physiology I and Human Anatomy and Physiology II	
BIOL 340 & BIOL 410	Vertebrate Anatomy with Lab and Animal Physiology with Lab	
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
Select one of the following:		8
PHYS 201 & PHYS 202	Elements of Physics I with Lab and Elements of Physics II/ Lab	
PHYS 216 & PHYS 217	University Physics 1 with Lab and University Physics 2 with Lab	
STAT 152 or BIOL 325	Elementary Statistics I Biostatistics and Experimental Design with Lab	3
PSYC 105	Introduction to Psychology	3
PSYC 244 or PSYC 276	Developmental Psychology Introduction to Abnormal Psychology	3
<b>Total Hours</b>		<b>31-33</b>

### Requirements for Pre-Physical Therapy SRU 3+3

If any of these requirements are not met, the 3+3 designation will be removed from the student's record:

1. A 3.0 or higher overall GPA must be maintained by the student.
2. The student can only be enrolled in the Pre-Physical Therapy SRU 3+3 program for a maximum of three (3) years, full-time continuous enrollment (fall/spring).

### Provision

Should a Pre-Physical Therapy SRU 3+3 student be unsuccessful in completing the 1st two semesters (fall or spring) of the Doctor of Physical Therapy Program and wants to complete the original undergraduate degree, it is solely up to the discretion of the undergraduate program Department Chair to determine which, if any, Physical Therapy courses will count toward the completion of his/her undergraduate degree. In addition, students must complete any unfulfilled requirements of their undergraduate major. Students may still apply to the Doctor of Physical Therapy Program with an earned Bachelor's degree.

## Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled

SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

RECREATIONAL THERAPY - BS (6393)

PRE-PT SRU 3+3 (63P2)

This program is effective as of Summer 2024

Revised 07.08.2024

UCC 04.16.2024

## RECOMMENDED THREE-YEAR PLAN

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
RCTH 120	Disability, Community Inclusion, and Diversity	3
ENGL 102	Critical Writing	3
ESAP 101	FIRST Seminar *	1
PHYS 201	Elements of Physics I with Lab	4
PSYC 105	Introduction to Psychology	3
SUBJ 139	Foundations of Academic Discovery <sup>1</sup>	3
<b>Hours</b>		<b>17</b>
<b>Spring</b>		
RCTH 220	Recreational Therapy Services	3
RCTH 232	Recreational Therapy for People with Physical Disabilities	3
ENGL 104	Critical Reading	3
PHYS 202	Elements of Physics II/ Lab	4
PSYC 244	Developmental Psychology	3
Creative & Aesthetic Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<b>Hours</b>		<b>19</b>
<b>Second Year</b>		
<b>Fall</b>		
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders	3
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
PSYC 276	Introduction to Abnormal Psychology	3
STAT 152	Elementary Statistics I	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
RCTH 316	Applied Research and Evidenced-Based Practice	3
Declare a Thematic Thread <sup>2</sup>		
<b>Hours</b>		<b>19</b>
<b>Spring</b>		
RCTH 314	Clinical Aspects of Recreational Therapy	3

RCTH 317	Organization and Management of Recreational Therapy Practice	3
BIOL 209	Human Anatomy and Physiology I	4
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
Social Science Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<b>Hours</b>		<b>17</b>
<b>Third Year</b>		
<b>Fall</b>		
RCTH 319	Client Assessment in Recreational Therapy	3
RCTH 320	Recreational Therapy Program Design	3
RCTH 420	Recreational Therapy for Older Adults	3
RCTH 422	Leisure Education and Counseling	3
BIOL 309	Human Anatomy and Physiology II	4
Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<b>Hours</b>		<b>19</b>
<b>Spring</b>		
RCTH 450	Internship	12
PHIL 325	Medical/Health Care Ethics	3
Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<b>Hours</b>		<b>18</b>
<b>Total Hours**</b>		<b>109</b>

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

\* Students are encouraged to take ESAP 101 as a Free Elective.