

# RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) / PRE-PHYSICAL THERAPY (SRU) (TRADITIONAL)

## CURRICULUM GUIDE

### GPA REQUIREMENT

Major GPA: 2.0 or higher

Overall GPA: 2.0 or higher

### SUMMARY\*

| Code | Title                            | Hours |
|------|----------------------------------|-------|
|      | Rock Studies 2 Requirements      | 43    |
|      | Other Basic Requirements         | 0-3   |
|      | Computer Competency              | 0-3   |
|      | Major Requirements               | 51    |
|      | Professional Electives           | 12    |
|      | NCTRC Certification Requirements | 18    |
|      | Electives                        | 26    |

\* All undergraduate degree programs require a minimum of 120 credits.

Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate.

### ROCK STUDIES 2 REQUIREMENTS

| Code                                      | Title  | Hours |
|---|--|-------|
| <b>The Rock</b>                           |  |       |
| SUBJ 139                                  | Foundations of Academic Discovery <sup>1</sup> | 3     |
| ENGL 102                                  | Critical Writing                               | 3     |
| ENGL 104                                  | Critical Reading                               | 3     |
| Select one of the following: <sup>2</sup> |  | 3     |
| COMM 200                                  | Civil Discourse: Theory & Practice             |       |
| PHIL 110                                  | Ethics and Civil Discourse                     |       |
| POLS 235                                  | Civil Discourse and Democracy                  |       |
| STAT 152                                  | Elementary Statistics I                        | 3     |
| Subtotal                                  |  | 15    |

#### Integrated Inquiry

##### *Creative and Aesthetic Inquiry*

|  |   |
|--|---|
| Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> ) | 3 |
|--|---|

##### *Humanities Inquiry*

|  |   |
|--|---|
| Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> ) | 3 |
|--|---|

##### *Social Science Inquiry*

|  |   |
|--|---|
| Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> ) | 3 |
|--|---|

##### *Natural Sciences Inquiry* <sup>2</sup>

|          |                                   |   |
|----------|-----------------------------------|---|
| BIOL 216 | Anatomy and Physiology I with Lab | 3 |
|----------|-----------------------------------|---|

##### *Physical Sciences Inquiry*

|          |                                |    |
|----------|--------------------------------|----|
| PHYS 201 | Elements of Physics I with Lab | 4  |
| Subtotal |                                | 16 |

### Thematic Thread

|   |                            |    |
|---|----------------------------|----|
| Required Thematic Thread Coursework: <sup>2,3</sup> |                            | 12 |
| PHIL 325  | Medical/Health Care Ethics |    |
| PSYC 105  | Introduction to Psychology |    |
| Additional 100-200 Level Course                     |                            |    |
| Additional 300-400 Level Course                     |                            |    |

**Total Hours** 43

- Course offered in multiple subjects; cannot take course in first major subject.
- Consult with your academic adviser as course options are available to assist in meeting DPT prerequisite coursework.
- One course from each category; six credits must be 300-level or above; no more than 4 credits from one subject area; specific courses required in first major, regardless of prefix of course, cannot be used to satisfy thread requirements; any course with same prefix as first major cannot be used to satisfy thread requirements, even if it is not a course in the first major.

### Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

| Code   | Title             | Hours |
|--|-------------------|-------|
| Complete one of the following:                 |                   | 0-3   |
| Meet required minimum SAT or ACT math score OR |                   |       |
| ESAP 110                                       | Beginning Algebra |       |

**Total Hours** 0-3

### Computer Competency

| Code   | Title | Hours |
|--|-------|-------|
| Demonstrate "computer competency" by one of the following: |       | 0-3   |
| Pass Computer Competency Exam OR                           |       |       |

Select one of the following at SRU or another post-secondary institution:

|          |  |  |
|----------|--|--|
| CPSC 100 | Introduction to Computing for Liberal Arts |  |
| CPSC 110 | Computer Concepts                          |  |
| CPSC 130 | Introduction to Computing and Programming  |  |
| PE 202   | Technology for Wellness                    |  |

**Total Hours** 0-3

### DIVERSITY, EQUITY, AND INCLUSION REQUIREMENT

Students must take and pass a course with the Diversity, Equity, and Inclusion (DEI) designation prior to graduation. Students can meet this requirement by taking any DEI - designated course in any program at any time during their undergraduate career.

### MAJOR REQUIREMENTS

- 30 major credits must be taken at SRU or PASSHE
- 30 major credits must be taken at the 300 level or above

| Code | Title | Hours |
|------|-------|-------|
|------|-------|-------|

#### Recreational Therapy Courses

Must earn a "C" or better in all of the following RCTH courses:

|                    |   |           |
|--------------------|---|-----------|
| RCTH 120           | Disability, Community Inclusion, and Diversity <sup>1</sup>                         | 3         |
| RCTH 220           | Recreational Therapy Services <sup>1</sup>  | 3         |
| RCTH 232           | Recreational Therapy for People with Physical Disabilities <sup>1</sup>             | 3         |
| RCTH 233           | Recreational Therapy for People with Psychosocial and Mental Disorders <sup>1</sup> | 3         |
| RCTH 314           | Clinical Aspects of Recreational Therapy <sup>1</sup>                               | 3         |
| RCTH 317           | Organization and Management of Recreational Therapy Practice <sup>1</sup>           | 3         |
| RCTH 319           | Client Assessment in Recreational Therapy <sup>1</sup>                              | 3         |
| RCTH 320           | Recreational Therapy Program Design <sup>1</sup>                                    | 3         |
| RCTH 351           | Recreational Therapy Practicum <sup>1</sup>   | 3         |
| RCTH 415           | Challenges and Trends in Recreational Therapy <sup>1</sup>                          | 3         |
| RCTH 420           | Recreational Therapy for Older Adults <sup>1</sup>                                  | 3         |
| RCTH 422           | Recreational Therapy Interventions I <sup>1</sup>                                   | 3         |
| RCTH 423           | Recreational Therapy Interventions II <sup>1</sup>                                  | 3         |
| RCTH 450           | Internship <sup>1,2</sup>   | 12        |
| Subtotal           |   | 51        |
| <b>Total Hours</b> |   | <b>51</b> |

<sup>1</sup> Course counts for 50% of Major requirements and Major GPA

<sup>2</sup> Students must become certified in First Aid and CPR prior to the internship

\* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

## NCTRC CERTIFICATION REQUIREMENTS

These courses must be completed by the student in order to be eligible to take NCTRC Certification Exam

| Code               | Title   | Hours     |
|--------------------|---|-----------|
| PE 360             | Anatomical and Physiological Basis of Physical Activity/Lab | 3         |
| PE 364             | Biomechanics of Individuals with Disabilities               | 3         |
| PHIL 325           | Medical/Health Care Ethics                                  | 3         |
| PSYC 105           | Introduction to Psychology                                  | 3         |
| PSYC 244           | Developmental Psychology                                    | 3         |
| PSYC 276           | Introduction to Abnormal Psychology                         | 3         |
| <b>Total Hours</b> |   | <b>18</b> |

## ADDITIONAL PHYSICAL THERAPY PREREQUISITE COURSES

| Code     | Title                              | Hours |
|----------|------------------------------------|-------|
| BIOL 216 | Anatomy and Physiology I with Lab  | 3     |
| BIOL 217 | Anatomy and Physiology II with Lab | 3     |
| CHEM 107 | General Chemistry I                | 3     |
| CHEM 108 | General Chemistry II               | 3     |
| CHEM 111 | General Chemistry I Lab            | 1     |
| CHEM 112 | General Chemistry II Lab           | 1     |
| PHYS 201 | Elements of Physics I with Lab     | 4     |

|          |                             |   |
|----------|-----------------------------|---|
| PHYS 202 | Elements of Physics II/ Lab | 4 |
| PSYC 244 | Developmental Psychology    | 3 |
| STAT 152 | Elementary Statistics I     | 3 |

## CO-CURRICULAR AND EXPERIENTIAL LEARNING

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. High-Impact Practice (HIP) designated classes
2. Student-faculty research
3. Student leadership development
4. Service-learning classes
5. Internships
6. Volunteering

## Doctor of Physical Therapy (DPT) Prerequisite Admission Requirements

### For Application Requirements

Please refer to Slippery Rock University's Physical Therapy (Doctor of Physical Therapy) website for requirements: [www.sru.edu/PT/](http://www.sru.edu/PT/) (<http://www.sru.edu/PT/>)

### Liberal Studies and Rock Studies 2

| Code   | Title  | Hours     |
|--|--|-----------|
| <b>Prerequisite Courses - SRU Physical Therapy</b> |  |           |
| Select one of the following:                       |  | 6         |
| BIOL 216 & BIOL 217                                | Anatomy and Physiology I with Lab and Anatomy and Physiology II with Lab |           |
| BIOL 340 & BIOL 410                                | Vertebrate Anatomy with Lab and Animal Physiology with Lab               |           |
| CHEM 107 & CHEM 111                                | General Chemistry I and General Chemistry I Lab                          | 4         |
| CHEM 108 & CHEM 112                                | General Chemistry II and General Chemistry II Lab                        | 4         |
| Select one of the following:                       |  | 8         |
| PHYS 201 & PHYS 202                                | Elements of Physics I with Lab and Elements of Physics II/ Lab           |           |
| PHYS 211 & PHYS 213                                | General Physics I with Lab and General Physics III/ Lab                  |           |
| STAT 152 or BIOL 325                               | Elementary Statistics I or Biometry with Lab                             | 3         |
| PSYC 105   | Introduction to Psychology   | 3         |
| Additional Psychology Course <sup>1</sup>          |  | 3         |
| <b>Total Hours</b>                                 |  | <b>31</b> |

<sup>1</sup> See My Rock Audit for specific courses.

## Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information*

*on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

RECREATIONAL THERAPY - BS

PRE-PT (SRU Traditional)

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