

# RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) / PRE-PHYSICAL THERAPY (SRU) (TRADITIONAL)

## PROGRAM LEARNING OUTCOMES

**1. Degree Program Writing Competency:** Upon completion of the degree program RT students will write professionally and effectively, according to expectations of the Recreational Therapy profession. – UG1

**2. Valuing Ethical Responsibilities:** Act with professional values in all situations. These skills include maintaining appropriate humane and ethical treatment of individuals as well as upholding the professional code of ethics. This expertise includes formulating value judgments reflecting a respect for dignity and individuality of every person. – UG7, UG8, UG9

**3. Professional Interactions:** Effectively communicates with people in a variety of professional contexts including assisting clients in confronting and coping with life challenges, collaborating on teams and presenting information in oral and written formats. The abilities developed include striving to maintain objectivity, tolerating ambiguity, appreciating diversity and adhering to conventional standards of expression. – UG8, UG10,

**4. Professional Decision Making:** Analyze and synthesize complex information to make sound clinical decisions. This ability is inclusive of areas such as problem solving, critical thinking, evaluation and organization with application to clinical and non-clinical areas. – UG10

**5. Methodological Proficiency:** Upon completion of the degree program RT students will use an analytical framework to facilitate the Recreational Therapy process to meet the needs of individuals. The abilities developed include a solid knowledge of the RT process, assessment methods, planning skills, intervention, techniques and strategies, and evaluation skills. – UG2, UG3, UG4,

**6. Life-Long Learning:** Recognize the importance of lifelong learning and demonstrates responsibly for self-assessment and growth. This ability is evident through the demonstration of self-initiating behaviors, anticipating and responding to changes in a productive manner, assuming responsibility for continuous self-reflection assessment of strengths and limitations and in seeking out information from a variety of resources in an independent manner. – UG5, UG6

## What are your options?

**Pre-Physical Therapy SRU 3+3:** Earn a Doctor of Physical Therapy in six years rather than seven. In the first three years, you complete your major courses and prerequisites for the SRU DPT program. During your third undergraduate year, you apply for admission into the SRU DPT program. If accepted, your first year in the SRU DPT program meets the remaining requirements for your undergraduate degree. If not accepted, you continue to complete your undergraduate degree and can reapply to the program. The accelerated option is for incoming freshmen only.

**Pre-Physical Therapy (SRU Traditional):** Complete the requirements for your major and the prerequisites for the SRU DPT program and apply to the SRU DPT program in your senior year.

## RELATED LINKS

Recreational Therapy - Pre-Physical Therapy, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/recreational-therapy-pre-physical-therapy/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)

## CURRICULUM GUIDE

### GPA REQUIREMENT

Major GPA: 2.0 or higher  
Overall GPA: 2.0 or higher

### SUMMARY\*

Code	Title	Hours
	Rock Studies 2 Requirements	44
	Other Basic Requirements	0-3
	Major Requirements	57
	Professional Electives	12
	NCTRC Certification Requirements	18
	Electives	26

\* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate.

### ROCK STUDIES 2 REQUIREMENTS

Code	Title	Hours
<b>The Rock</b>		
SUBJ 139	Foundations of Academic Discovery <sup>1</sup>	3
ENGL 102	Critical Writing	3
ENGL 104	Critical Reading	3
	Select one of the following: <sup>2</sup>	3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
STAT 152	Elementary Statistics I	3
	Subtotal	15

#### Integrated Inquiry

<i>Creative and Aesthetic Inquiry</i>		
	Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
<i>Humanities Inquiry</i>		
	Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
<i>Social Science Inquiry</i>		
	Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
<i>Natural Sciences Inquiry</i> <sup>2</sup>		
BIOL 209	Human Anatomy and Physiology I	4
<i>Physical Sciences Inquiry</i>		
PHYS 201	Elements of Physics I with Lab	4
	Subtotal	17
<b>Thematic Thread</b>		
	Required Thematic Thread Coursework: <sup>2,3</sup>	12

PHIL 325	Medical/Health Care Ethics	
or HCAM 375	Ethics & Legal Fundamentals for the Health Professions	
PSYC 105	Introduction to Psychology	
Additional 100-200 Level Course		
Additional 300-400 Level Course		
<b>Total Hours</b>		<b>44</b>

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> Consult with your academic adviser as course options are available to assist in meeting DPT prerequisite coursework.

<sup>3</sup> One course from each category; six credits must be 300-level or above; no more than 4 credits from one subject area; specific courses required in first major, regardless of prefix of course, cannot be used to satisfy thread requirements; any course with same prefix as first major cannot be used to satisfy thread requirements, even if it is not a course in the first major.

## Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

Code	Title	Hours
Complete one of the following:		0-3
Meet required minimum SAT or ACT math score OR		
ESAP 110	Beginning Algebra	
<b>Total Hours</b>		<b>0-3</b>

## DIVERSITY, EQUITY, AND INCLUSION REQUIREMENT

Students must take and pass a course with the Diversity, Equity, and Inclusion (DEI) designation prior to graduation. Students can meet this requirement by taking any DEI - designated course in any program at any time during their undergraduate career.

## MAJOR REQUIREMENTS

- 30 major credits must be taken at SRU or PASSHE
- 30 major credits must be taken at the 300 level or above

Code	Title	Hours
<b>Recreational Therapy Courses</b>		
Must earn a "C" or better in all of the following RCTH courses:		
RCTH 120	Disability, Community Inclusion, and Diversity <sup>1</sup>	3
RCTH 220	Recreational Therapy Services <sup>1</sup>	3
RCTH 232	Recreational Therapy for People with Physical Disabilities <sup>1</sup>	3
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders <sup>1</sup>	3
RCTH 314	Clinical Aspects of Recreational Therapy <sup>1</sup>	3
RCTH 316	Applied Research and Evidenced-Based Practice <sup>1</sup>	3
RCTH 317	Organization and Management of Recreational Therapy Practice <sup>1</sup>	3
RCTH 319	Client Assessment in Recreational Therapy <sup>1</sup>	3

RCTH 320	Recreational Therapy Program Design <sup>1</sup>	3
RCTH 351	Recreational Therapy Practicum <sup>1</sup>	3
RCTH 364	Biomechanics of Individuals with Disabilities	3
RCTH 415	Challenges and Trends in Recreational Therapy <sup>1</sup>	3
RCTH 420	Recreational Therapy for Older Adults <sup>1</sup>	3
RCTH 422	Leisure Education and Counseling <sup>1</sup>	3
RCTH 423	Facilitation of RT Interventions <sup>1</sup>	3
RCTH 450	Internship <sup>1,2</sup>	12
<b>Total Hours</b>		<b>57</b>

<sup>1</sup> Course counts for 50% of Major requirements and Major GPA

<sup>2</sup> Students must become certified in First Aid and CPR prior to the internship

\* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

## NCTRC CERTIFICATION REQUIREMENTS

These courses must be completed by the student in order to be eligible to take NCTRC Certification Exam

Code	Title	Hours
PE 360	Anatomical and Physiological Basis of Physical Activity/Lab	3
PHIL 325	Medical/Health Care Ethics	3
or HCAM 375	Ethics & Legal Fundamentals for the Health Professions	
PSYC 105	Introduction to Psychology	3
PSYC 244	Developmental Psychology	3
PSYC 276	Introduction to Abnormal Psychology	3
RCTH 364	Biomechanics of Individuals with Disabilities	3
<b>Total Hours</b>		<b>18</b>

## ADDITIONAL PHYSICAL THERAPY PREREQUISITE COURSES

Code	Title	Hours
BIOL 209	Human Anatomy and Physiology I	4
BIOL 309	Human Anatomy and Physiology II	4
CHEM 107	General Chemistry I	3
CHEM 108	General Chemistry II	3
CHEM 111	General Chemistry I Lab	1
CHEM 112	General Chemistry II Lab	1
PHYS 201	Elements of Physics I with Lab	4
PHYS 202	Elements of Physics II/ Lab	4
PSYC 244	Developmental Psychology	3
STAT 152	Elementary Statistics I	3

## CO-CURRICULAR AND EXPERIENTIAL LEARNING

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. High-Impact Practice (HIP) designated classes
2. Student-faculty research
3. Student leadership development
4. Service-learning classes
5. Internships
6. Volunteering

## Doctor of Physical Therapy (DPT) Prerequisite Admission Requirements

### For Application Requirements

Please refer to Slippery Rock University's Physical Therapy (Doctor of Physical Therapy) website for requirements: [www.sru.edu/PT/](http://www.sru.edu/PT/) (<http://www.sru.edu/PT/>)

### Rock Studies 2

Code	Title	Hours
<b>Prerequisite Courses - SRU Physical Therapy</b>		
Select one of the following:		6-8
BIOL 209 & BIOL 309	Human Anatomy and Physiology I and Human Anatomy and Physiology II	
BIOL 340 & BIOL 410	Vertebrate Anatomy with Lab and Animal Physiology with Lab	
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
Select one of the following:		8
PHYS 201 & PHYS 202	Elements of Physics I with Lab and Elements of Physics II/ Lab	
PHYS 216 & PHYS 217	University Physics 1 with Lab and University Physics 2 with Lab	
STAT 152 or BIOL 325	Elementary Statistics I Biostatistics and Experimental Design with Lab	3
PSYC 105	Introduction to Psychology	3
PSYC 244 or PSYC 276	Developmental Psychology Introduction to Abnormal Psychology	3
<b>Total Hours</b>		<b>31-33</b>

## Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

RECREATIONAL THERAPY - BS

PRE-PT (SRU Traditional)

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