

RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) / PRE-OCCUPATIONAL THERAPY (SRU) (3+3)

RECOMMENDED THREE-YEAR PLAN

Course	Title	Hours
First Year		
Fall		
RCTH 120	Disability, Community Inclusion, and Diversity	3
RCTH 220	Recreational Therapy Services	3
ENGL 102	Critical Writing	3
ESAP 101	FYRST Seminar ¹	1
PSYC 105	Introduction to Psychology	3
SUBJ 139	Foundations of Academic Discovery *	3
Hours		16
Spring		
RCTH 232	Recreational Therapy for People with Physical Disabilities (Offered Spring Term only)	3
ENGL 104	Critical Reading	3
EXSC 250	Medical Terminology	3
PSYC 244	Developmental Psychology	3
STAT 152	Elementary Statistics I	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		18
Second Year		
Fall		
RCTH 316	Applied Research and Evidenced-Based Practice	3
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders	3
BIOL 209	Human Anatomy and Physiology I	4
PSYC 276	Introduction to Abnormal Psychology	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		19
Spring		
RCTH 314	Clinical Aspects of Recreational Therapy	3
RCTH 317	Organization and Management of Recreational Therapy Practice	3
RCTH 364	Biomechanics of Individuals with Disabilities	3
BIOL 309	Human Anatomy and Physiology II	4

Thematic Thread Requirement (<https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/>) 6

Hours		19
Third Year		
Fall		
RCTH 319	Client Assessment in Recreational Therapy	3
RCTH 320	Recreational Therapy Program Design	3
RCTH 351	Recreational Therapy Practicum	3
RCTH 420	Recreational Therapy for Older Adults	3
RCTH 422	Leisure Education and Counseling	3
PHIL 325 or HCAM 375	Medical/Health Care Ethics or Ethics & Legal Fundamentals for the Health Professions	3
Hours		18
Spring		
RCTH 450	Internship	12
Hours		12
Total Hours**		102

* Course offered in multiple subjects; cannot take course in first major subject.

¹ Students are encouraged to take ESAP 101 as a Free Elective.

** This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.

Major Code: 6RTO
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