

# RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) / PRE-OCCUPATIONAL THERAPY (SRU) (3+3)

## RECOMMENDED THREE-YEAR PLAN

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
RCTH 120	Disability, Community Inclusion, and Diversity	3
ENGL 102	Critical Writing	3
ESAP 101	FIRST Seminar <sup>1</sup>	1
PSYC 105	Introduction to Psychology	3
RCTH 220	Recreational Therapy Services	3
SUBJ 139	Foundations of Academic Discovery <sup>*</sup>	3
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
RCTH 233 or RCTH 232	Recreational Therapy for People with Psychosocial and Mental Disorders or Recreational Therapy for People with Physical Disabilities	3
EXSC 250	Medical Terminology (Fulfills 21st Century Healthcare Thematic Thread requirement)	3
ENGL 104	Critical Reading	3
PSYC 244	Developmental Psychology	3
STAT 152	Elementary Statistics I	3
Creative & Aesthetic Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
<b>Hours</b>		<b>18</b>
<b>Second Year</b>		
<b>Fall</b>		
RCTH 233 or RCTH 232	Recreational Therapy for People with Psychosocial and Mental Disorders or Recreational Therapy for People with Physical Disabilities	3
BIOL 216	Anatomy and Physiology I with Lab	3
INDP 201	Principles of Sociology	3
PSYC 276	Introduction to Abnormal Psychology	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Humanities Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
Declare a Thematic Thread <sup>2</sup>		
<b>Hours</b>		<b>18</b>
<b>Spring</b>		
RCTH 314	Clinical Aspects of Recreational Therapy	3

RCTH 317	Organization and Management of Recreational Therapy Practice	3
BIOL 217	Anatomy and Physiology II with Lab	3
INDP 318 or SOWK 318	Research Methods in Interdisciplinary Studies or Research Methods	3
Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
PE 364	Biomechanics of Individuals with Disabilities	3
<b>Hours</b>		<b>18</b>
<b>Third Year</b>		
<b>Fall</b>		
RCTH 319	Client Assessment in Recreational Therapy	3
RCTH 320	Recreational Therapy Program Design	3
RCTH 420	Recreational Therapy for Older Adults	3
RCTH 422	Recreational Therapy Interventions I	3
Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
RCTH 351	Recreational Therapy Practicum	3
<b>Hours</b>		<b>18</b>
<b>Spring</b>		
RCTH 450	Internship	12
PHIL 325	Medical/Health Care Ethics	3
<b>Hours</b>		<b>15</b>
<b>Total Hours**</b>		<b>103</b>

\* Course offered in multiple subjects; cannot take course in first major subject.

<sup>1</sup> Students are encouraged to take ESAP 101 as a Free Elective.

<sup>2</sup> Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

Major Code: 6RTO

Revised: 12.10.2020

**\*\* This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.**