

# RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) / PRE-OCCUPATIONAL THERAPY (SRU) (3+3)

## CURRICULUM GUIDE

### GPA REQUIREMENT

#### 1<sup>st</sup> Major: Recreational Therapy

- Overall GPA: 2.0 or higher
- Major GPA (Includes Major Requirements): 2.0 or higher

#### 2<sup>nd</sup> Major: Pre-OT SRU 3+3 Recreational Therapy

- Overall GPA: 3.00 or higher

### SUMMARY\*

Code	Title	Hours
	Rock Studies 2 Requirements	44
	Other Basic Requirements	0-3
	Major Requirements	51
	NCTRC Certification Requirements	18
	Electives	25

\* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate. However, because this is a pre-professional program, credits taken during the 1<sup>st</sup> year of the graduate program are applied toward the undergraduate credit hours to meet the 120 credits required for your undergraduate degree.

### ROCK STUDIES 2 REQUIREMENTS

Code	Title	Hours
<b>The Rock</b>		
SUBJ 139	Foundations of Academic Discovery <sup>1</sup>	3
ENGL 102	Critical Writing	3
ENGL 104	Critical Reading	3
STAT 152	Elementary Statistics I	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Subtotal		15

#### Integrated Inquiry

<i>Creative and Aesthetic Inquiry</i>		
Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<i>Humanities Inquiry</i>		
Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<i>Social Science Inquiry</i>		
Select 3 Credits ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3

<i>Natural and Physical Sciences Inquiry</i>		
BIOL 209	Human Anatomy and Physiology I	4
BIOL 309	Human Anatomy and Physiology II	4
Subtotal		17
<b>Thematic Thread</b>		
Required Thematic Thread Coursework:		12
EXSC 250	Medical Terminology	
PHIL 325	Medical/Health Care Ethics	
	or HCAM 375	Ethics & Legal Fundamentals for the Health Professions
PSYC 105	Introduction to Psychology	
Additional 300-400 Level Course		

**Total Hours** 44

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

### Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

Code	Title	Hours
Complete one of the following:		0-3
Meet required minimum SAT or ACT math score OR		
ESAP 110	Beginning Algebra	
<b>Total Hours</b>		<b>0-3</b>

### DIVERSITY, EQUITY, AND INCLUSION REQUIREMENT

Students must take and pass a course with the Diversity, Equity, and Inclusion (DEI) designation prior to graduation. Students can meet this requirement by taking any DEI - designated course in any program at any time during their undergraduate career.

### MAJOR REQUIREMENTS

- If you choose to pursue the Pre-OT SRU 3+3 RT program and not accepted into the OTD program, then you are required to complete RCTH 415, RCTH 423, PE 360 and additional approved RT electives. (See RT BS degree curriculum guide).

Code	Title	Hours
<b>Recreational Therapy Courses</b>		
Must earn a "C" or better in all of the following RCTH courses:		
RCTH 120	Disability, Community Inclusion, and Diversity <sup>1</sup>	3
RCTH 220	Recreational Therapy Services <sup>1</sup>	3
RCTH 232	Recreational Therapy for People with Physical Disabilities <sup>1</sup>	3
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders <sup>1</sup>	3
RCTH 314	Clinical Aspects of Recreational Therapy <sup>1</sup>	3
RCTH 316	Applied Research and Evidenced-Based Practice	3
RCTH 317	Organization and Management of Recreational Therapy Practice <sup>1</sup>	3

RCTH 319	Client Assessment in Recreational Therapy <sup>1</sup>	3
RCTH 320	Recreational Therapy Program Design <sup>1</sup>	3
RCTH 351	Recreational Therapy Practicum <sup>1</sup>	3
RCTH 364	Biomechanics of Individuals with Disabilities <sup>1</sup>	3
RCTH 420	Recreational Therapy for Older Adults <sup>1</sup>	3
RCTH 422	Leisure Education and Counseling <sup>1</sup>	3
RCTH 450	Internship <sup>1,2</sup>	12
<b>Total Hours</b>		<b>51</b>

<sup>1</sup> Course counts for 50% of Major requirements and Major GPA

<sup>2</sup> Students must become certified in First Aid and CPR. This can be accomplished by taking a course (example: American Heart Assoc.)

\* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

## ADDITIONAL OCCUPATIONAL THERAPY PREREQUISITE COURSES

Code	Title	Hours
EXSC 250	Medical Terminology	3
or HCAM 250	Medical Terminology for Healthcare Administrators	
PSYC 244	Developmental Psychology	3
PSYC 276	Introduction to Abnormal Psychology	3
<b>Total Hours</b>		<b>9</b>

## NCTRC CERTIFICATION REQUIREMENTS

These courses must be completed by the student in order to be eligible to take NCTRC Certification Exam

Code	Title	Hours
PE 360	Anatomical and Physiological Basis of Physical Activity/Lab	3
PHIL 325	Medical/Health Care Ethics <sup>1</sup>	3
or HCAM 375	Ethics & Legal Fundamentals for the Health Professions	
PSYC 105	Introduction to Psychology <sup>1</sup>	3
PSYC 244	Developmental Psychology <sup>1</sup>	3
PSYC 276	Introduction to Abnormal Psychology	3
RCTH 364	Biomechanics of Individuals with Disabilities	3
<b>Total Hours</b>		<b>18</b>

<sup>1</sup> Course can be counted as a Rock Studies 2 Requirement, but earns credit only once toward your 120-credits total.

## CO-CURRICULAR AND EXPERIMENTAL LEARNING

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. High-Impact Practice (HIP) designated classes
2. Student-faculty research

3. Student leadership development
4. Service-learning classes
5. Internships
6. Volunteering

## Doctor of Occupational Therapy (OTD) Prerequisite Admission Requirements – Pre-Occupational Therapy SRU 3+3

### For Application Requirements

Please refer to Slippery Rock University's Occupational Therapy Studies (Master of Science in Occupational Therapy Studies) website for requirements: <http://www.sru.edu/OT> (<http://www.sru.edu/OT/>)

### Rock Studies 2

Code	Title	Hours
<b>Prerequisite Courses - SRU Occupational Therapy</b>		
BIOL 209	Human Anatomy and Physiology I	4
BIOL 309	Human Anatomy and Physiology II	4
EXSC 250	Medical Terminology	3
or HCAM 250	Medical Terminology for Healthcare Administrators	
PHYS 201	Elements of Physics I with Lab	4
or RCTH 364	Biomechanics of Individuals with Disabilities	
STAT 152	Elementary Statistics I	3
PSYC 105	Introduction to Psychology	3
PSYC 244	Developmental Psychology	3
PSYC 276	Introduction to Abnormal Psychology	3
Anthropology or Sociology <sup>1</sup>		
INDP 106	Race and Ethnic Diversity in the USA	
INDP 202	Introduction to Anthropology	
INDP 211	Biological Anthropology	
INDP 309	Health and Society	
INDP 310	Cultural Area Studies	
INDP 321	Minority Groups	
INDP 324	The Family	
INDP 326	Society, Culture and Self	
INDP 339	Gender Roles and Society	
INDP 342	Sociology of Aging	
RCTH 120	Disability, Community Inclusion, and Diversity	
SOWK 105	Human Diversity	
Research Methods - Select One: <sup>1</sup>		3
EXSC 300	Research Methods in Exercise Science	
HCAM 499	Health Care Theory and Research Capstone Seminar	
INDP 318	Research Methods in Interdisciplinary Studies	
PSYC 231	Psychological Science I: Research Methods	
RCTH 316	Applied Research and Evidenced-Based Practice	
SOWK 318	Research Methods	
<b>Total Hours</b>		<b>33</b>

<sup>1</sup> Select one course. See *My Rock Audit* for specific courses.

### **Pre-Occupational Therapy SRU 3+3**

**If any of these requirements are not met, the 3+3 designation will be removed from the student's record:**

1. A 3.0 or higher overall GPA must be maintained by the student.
2. The student can only be enrolled in the Pre-Occupational Therapy SRU 3+3 program for a maximum of three (3) years, full-time continuous enrollment (fall/spring).

### **Provision**

Should a Pre-Occupational Therapy SRU 3+3 student be unsuccessful in completing the 1<sup>st</sup> two semesters (summer or fall) of the Occupational Therapy Program and wants to complete the original undergraduate degree, it is solely up to the discretion of the undergraduate program Department Chair to determine which, if any, Occupational Therapy courses will count toward the completion of his/her undergraduate degree. In addition, students must complete any unfulfilled requirements of their undergraduate major. Students may still apply to the Doctor of Occupational Therapy Program with an earned Bachelor's degree.

### **Important Curriculum Guide Notes**

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

RECREATIONAL THERAPY - BS (6393)

PRE-OT SRU 3+3 (6RTO)

This program is effective as of Summer 2024

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