

ANIMAL ASSISTED INTERVENTIONS, MINOR

Animals play an important role in promoting human health and well-being. The human-animal bond (HAB) is known to promote a variety of physiological, emotional and social benefits. In addition, intervention utilizing animals have produced recognized benefits for individuals with a variety of disabling conditions. The minor in Animal-Assisted Interventions uses an interdisciplinary approach for students to develop the competencies for using Animal-Assisted Interventions in their professional practice. This minor would be especially appropriate for students enrolled in a health-related, human service, or educational major.

To access Minor Requirements, please view the Curriculum Guide tab.

RELATED LINKS

Animal Assisted Interventions, Minor Program Page ([https://www.sru.edu/academics/majors-and-minors/animal-assisted-interventions-\(minor/\)](https://www.sru.edu/academics/majors-and-minors/animal-assisted-interventions-(minor/)))

Recreational Therapy Department Page (<https://www.sru.edu/academics/colleges-and-departments/ches/departments/recreational-therapy/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)

CURRICULUM GUIDE

GPA REQUIREMENT

Minor GPA: 2.00 or higher

MINOR REQUIREMENTS

- Students must complete at least 6 credit hours in their minor from SRU
- A minimum of 6 credit hours must be upper division (courses numbered 300 and above)
- A minor shall be no fewer than 18 credits.

Code	Title	Hours
Required Core Courses		
RCTH 252 or PE 250	Equine Assisted Activities and Therapies Equine Assisted Activities	3
RCTH 305	Animal-Assisted Therapy for Diverse Populations & Settings	3
SOWK 300	Crisis Intervention	3
SOWK 310	Animal Assisted Interventions	3
Professional Electives		
Select two of the following:		6
RCTH 120	Disability, Community Inclusion, and Diversity	
RCTH 232	Recreational Therapy for People with Physical Disabilities	
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders	
RCTH 420	Recreational Therapy for Older Adults	
EXSC 230	Stress Management	

GERO 414	Death and Dying
INDP 103	Contemporary Social Problems
INDP 326	Society, Culture and Self
PCRM 342	Group Facilitation and Leadership
PE 335	Science of the Mind-Body Connection
PSYC 244	Developmental Psychology
PSYC 276	Introduction to Abnormal Psychology
SOWK 328	Human Behavior and the Social Environment

Total Hours **18**

* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

Minor in Animal-Assisted Interventions (71C)

This program is effective as of Summer 2022

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