

# PUBLIC HEALTH, BACHELOR OF SCIENCE (BS)

## RECOMMENDED FOUR-YEAR PLAN

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
HLTH 103	Health and Behavior Change	3
CHEM 104	Introduction Chemistry I	3
ENGL 102	Critical Writing	3
ESAP 101	FIRST Seminar *	1
SUBJ 139	Foundations of Academic Discovery <sup>1</sup>	3
<b>Hours</b>		<b>13</b>
<b>Spring</b>		
ENGL 104	Critical Reading	3
SCI 102	Understanding the Physical World	3
Creative & Aesthetic Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
Humanities Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<b>Hours</b>		<b>12</b>
<b>Second Year</b>		
<b>Fall</b>		
HLTH 104	Introduction to Public Health	3
BIOL 110	The Human Body: Fundamentals of Structure and Physiology	3
STAT 152	Elementary Statistics	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLI 235	Civil Discourse and Democracy	
Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
Declare a Thematic Thread <sup>2</sup>		
<b>Hours</b>		<b>15</b>
<b>Spring</b>		
HLTH 204	Public Health Education and Communication	3
Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
Social Science Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<b>Hours</b>		<b>15</b>
<b>Third Year</b>		
<b>Fall</b>		
HLTH 209	Foundations of Disease in Public Health	3

HLTH 322	Public Health Research Methods and Data Management	3
HLTH 314	Nutrition and Health	3
BIOL 210	Medical Microbiology with Lab	3
<b>Hours</b>		<b>12</b>
<b>Spring</b>		
HLTH 310	Environmental Health	3
HLTH 313	Biostatistics	3
HLTH 411	Global Health	3
Public Health Supporting Course		3
<b>Hours</b>		<b>12</b>
<b>Fourth Year</b>		
<b>Fall</b>		
HLTH 406	Program Planning and Evaluation	3
Public Health Supporting Course		3
Electives		9
<b>Hours</b>		<b>15</b>
<b>Winter</b>		
<b>Potential On-line Winter Courses</b>		
International Health		
<b>Hours</b>		<b>0</b>
<b>Spring</b>		
HLTH 324	Epidemiology	3
HLTH 440	Public Health Seminar	3
Public Health Supporting Course		3
Electives		5
<b>Hours</b>		<b>14</b>
<b>Summer</b>		
HLTH 450	Internship	12
<b>Potential On-line Summer Courses</b>		
HLTH 211	Women's Health Issues	
HLTH 411	Global Health	
<b>Hours</b>		<b>12</b>
<b>Total Hours**</b>		<b>120</b>

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

\* Students are encouraged to take ESAP 101 as a Free Elective.

\*\*This document serves as a guide. Earning a degree requires at least 120 credits, though some majors require more. Before registering for courses, consult your academic adviser and review your curriculum guide. Be sure to review and confirm your plan with your adviser at least once each academic year.

Major Code: 6266

Revised: 09.24.2025