

# PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-PHYSICIAN ASSISTANT (SRU) (TRADITIONAL)

## RECOMMENDED FOUR-YEAR PLAN

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
HLTH 103	Health and Behavior Change	3
ENGL 102	Critical Writing	3
ESAP 101	FYRST Seminar *	1
SUBJ 139	Foundations of Academic Discovery <sup>1</sup>	3
	Creative & Aesthetic Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
<b>Hours</b>		<b>13</b>
<b>Spring</b>		
ENGL 104	Critical Reading	3
PSYC 105	Introduction to Psychology	3
	Humanities Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
	Social Science Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
<b>Hours</b>		<b>12</b>
<b>Second Year</b>		
<b>Fall</b>		
HLTH 104	Introduction to Public Health	3
BIOL 209	Advanced Human Anatomy and Physiology I with Laboratory	4
	Select one of the following:	3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLI 235	Civil Discourse and Democracy	
	Public Health Supporting Coursework	3
	Declare a Thematic Thread (Choose a Thematic Thread that contains PSYC 105/EXSC 250) <sup>2</sup>	
<b>Hours</b>		<b>13</b>
<b>Spring</b>		
HLTH 204	Public Health Education and Communication	3
BIOL 210	Medical Microbiology with Lab	3
BIOL 309	Advanced Human Anatomy and Physiology II with Laboratory	4
STAT 152	Elementary Statistics	3
<b>Hours</b>		<b>13</b>
<b>Third Year</b>		
<b>Fall</b>		
HLTH 314	Nutrition and Health	3
HLTH 322	Public Health Research Methods and Data Management	3

HLTH 406	Program Planning and Evaluation	3
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
	Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> ) <sup>3</sup>	3
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
HLTH 310	Environmental Health	3
HLTH 313	Biostatistics	3
HLTH 324	Epidemiology	3
HLTH 411	Global Health	3
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
<b>Hours</b>		<b>16</b>
<b>Summer</b>		
HLTH 450	Internship	12
<b>Hours</b>		<b>12</b>
<b>Fourth Year</b>		
<b>Fall</b>		
HLTH 209	Foundations of Disease in Public Health	3
BIOL 114	Biology II: Foundations of Molecules, Genes and Cells with Lab	4
CHEM 201	Organic Chemistry I	3
	Public Health Supporting Coursework	3
<b>Hours</b>		<b>13</b>
<b>Winter</b>		
<b>Potential On-line Winter Courses</b>		
HLTH 411	Global Health	
<b>Hours</b>		<b>0</b>
<b>Spring</b>		
HLTH 440	Public Health Seminar	3
BIOL 250	Genetics with Lab	4
EXER 250	Medical Terminology	3
	Public Health Supporting Coursework	3
	Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> ) <sup>3</sup>	3
<b>Hours</b>		<b>16</b>
<b>Summer</b>		
<b>Potential On-line Summer Courses</b>		
HLTH 211	Women's Health Issues	
HLTH 411	Global Health	
<b>Hours</b>		<b>0</b>
<b>Total Hours**</b>		<b>124</b>

\* Students are encouraged to take ESAP 101 as a Free Elective.

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

2 Public Health, Bachelor of Science (BS) / Pre-Physician Assistant (SRU) (Traditional)

<sup>3</sup> If your Thematic Thread does not include one or both of these courses, then you will need to take 1 or 2 additional lower level Thematic Thread courses.

*\*\*This document serves as a guide. Earning a degree requires at least 120 credits, though some majors require more. Before registering for courses, consult your academic adviser and review your curriculum guide. Be sure to review and confirm your plan with your adviser at least once each academic year.*

Major Code: 6266

Concentration Code: SRU Traditional

Revised: 07.07.2025