

PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-PHYSICAL THERAPY (SRU) (TRADITIONAL)

RECOMMENDED FOUR-YEAR PLAN

Course	Title	Hours
First Year		
Fall		
HLTH 103	Health and Behavior Change	3
ENGL 102	Critical Writing	3
ESAP 101	FIRST Seminar *	1
SUBJ 139	Foundations of Academic Discovery ¹	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		13
Spring		
ENGL 104	Critical Reading	3
PSYC 105	Introduction to Psychology	3
Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Social Science Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		12
Second Year		
Fall		
HLTH 104	Introduction to Public Health	3
BIOL 209	Advanced Human Anatomy and Physiology I with Laboratory	4
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLI 235	Civil Discourse and Democracy	
Additional PSYC Course		3
Public Health Supporting Coursework		3
Declare a Thematic Thread (Choose a Thematic Thread that contains PSYC 105/STAT 152)		
Hours		16
Spring		
HLTH 204	Public Health Education and Communication	3
BIOL 309	Advanced Human Anatomy and Physiology II with Laboratory	4
STAT 152	Elementary Statistics	3
Public Health Supporting Coursework		3
Hours		13
Third Year		
Fall		
HLTH 322	Public Health Research Methods and Data Management	3

HLTH 314	Nutrition and Health	3
HLTH 406	Program Planning and Evaluation	3
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
Thematic Thread Requirement - 300+ Level (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		16
Spring		
HLTH 310	Environmental Health	3
HLTH 313	Biostatistics	3
HLTH 324	Epidemiology	3
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
Hours		13
Summer		
HLTH 450	Internship	12
Hours		12
Fourth Year		
Fall		
HLTH 209	Foundations of Disease in Public Health	3
BIOL 210	Medical Microbiology with Lab	3
PHYS 201	Elements of Physics I with Lab	4
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		13
Winter		
Potential On-line Winter Courses		
HLTH 411	Global Health	
Hours		0
Spring		
HLTH 411	Global Health	3
HLTH 440	Public Health Seminar	3
PHYS 202	Elements of Physics II/ Lab	4
Public Health Supporting Coursework		3
Hours		13
Summer		
Potential On-line Summer Courses		
HLTH 211	Women's Health Issues	
HLTH 411	Global Health	
Hours		0
Total Hours**		121

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

* Students are encouraged to take ESAP 101 as a Free Elective.

**If your Thematic Thread does not include PSYC 105 and STAT 152, then you will need to take 2 additional lower level Thematic Thread courses.

**This document serves as a guide. Earning a degree requires at least 120 credits, though some majors require more. Before registering for courses, consult your academic adviser and review your curriculum guide. Be sure to

review and confirm your plan with your adviser at least once each academic year.

Major Code: 6266

Concentration Code: SRU Traditional

Revised: 07.07.2025