

PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-PHYSICAL THERAPY (SRU) (TRADITIONAL)

PROGRAM LEARNING OUTCOMES

- Effective Professional Communication:** Communicate with clients in an individual or group setting and with health professionals in a variety of health settings using a combination of communication skills for a clear exchange of ideas and information, listening and comprehending the viewpoints of others, effectively presenting information in oral and written formats and integrating media/technology. (UO 1)
- Professional Competency:** Use reasoned judgment drawing upon a broad knowledge base from social, behavioral and natural science, education and health to assess, plan, implement, evaluate and coordinate health promotion for individuals and communities. (UO 2,3,4)
- Professional Ethics:** Apply high ethical standards to public health practice with a sensitivity to multicultural traditions, legal issues, and adherence to a code of ethics of professional health organizations. (UO 8,9,10)
- Continual Professional and Personal Development:** Continue personal and professional development in holistic health, including the components of physical, emotional, spiritual, social, environmental and vocational health, through continuing education, advanced study, and participation in professional health organizations. (UO 5,7,9)

What are your options?

Pre-Physical Therapy SRU 3+3: Earn a Doctor of Physical Therapy in six years rather than seven. In the first three years, you complete your major courses and prerequisites for the SRU DPT program. During your third undergraduate year, you apply for admission into the SRU DPT program. If accepted, your first year in the SRU DPT program meets the remaining requirements for your undergraduate degree. If not accepted, you continue to complete your undergraduate degree and can reapply to the program. The accelerated option is for incoming freshmen only.

Pre-Physical Therapy (SRU Traditional): Complete the requirements for your major and the prerequisites for the SRU DPT program and apply to the SRU DPT program in your senior year.

RELATED LINKS

Public Health - Pre-Physical Therapy, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/public-health-pre-physical-therapy/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensure/>)

CURRICULUM GUIDE

GPA REQUIREMENT

Major GPA: 2.0 or higher
Overall GPA: 2.0 or higher

SUMMARY*

Code	Title	Hours
	Rock Studies 2 Requirements	44
	Major Requirements	60
	Natural Science and Math College-Wide Requirements	0-4
	Additional Physical Therapy Prerequisite Courses	18
	Electives	0

* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate.

ROCK STUDIES 2 REQUIREMENTS

Code	Title	Hours
The Rock		
SUBJ 139	Foundations of Academic Discovery ¹	3
ENGL 102	Critical Writing	3
ENGL 104	Critical Reading	3
STAT 152	Elementary Statistics	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLI 235	Civil Discourse and Democracy	
Subtotal		15
Integrated Inquiry		
<i>Creative and Aesthetic Inquiry</i>		
Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
<i>Humanities Inquiry</i>		
Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
<i>Social Science Inquiry</i>		
Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
<i>Physical & Natural Sciences Inquiry</i>		
BIOL 209	Advanced Human Anatomy and Physiology I with Laboratory	4
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
Subtotal		17
Thematic Thread		
Select 12 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) ²		12
Required Thematic Thread Coursework:		
EXER 250	Medical Terminology	
PSYC 105	Introduction to Psychology	
Total Hours		44

¹ Course offered in multiple subjects; cannot take course in first major subject.

² One course from each category; six credits must be 300-level or above; no more than 4 credits from one subject area; specific courses required in first major, regardless of prefix of course, cannot be used to satisfy thread requirements; any course with same prefix as first major cannot

be used to satisfy thread requirements, even if it is not a course in the first major.

DIVERSITY, EQUITY, AND INCLUSION REQUIREMENT

Students must take and pass a course with the Diversity, Equity, and Inclusion (DEI) designation prior to graduation. Students can meet this requirement by taking any DEI - designated course in any program at any time during their undergraduate career.

MAJOR REQUIREMENTS

- 30 major credits must be taken at SRU or PASSHE
- 30 major credits must be taken at the 300 level or above

Code	Title	Hours
Required Courses in Public Health		
HLTH 103	Health and Behavior Change ¹	3
HLTH 104	Introduction to Public Health	3
HLTH 204	Public Health Education and Communication	3
HLTH 209	Foundations of Disease in Public Health	3
HLTH 310	Environmental Health ¹	3
HLTH 313	Biostatistics ¹	3
HLTH 321	Advanced Disease Prevention in Public Health ¹	3
HLTH 322	Public Health Research Methods and Data Management	3
HLTH 323	Social Determinants of Health ¹	3
HLTH 324	Epidemiology	3
HLTH 406	Program Planning and Evaluation ¹	3
HLTH 407	Fundamentals of Public Health Policy and Management ¹	3
HLTH 411	Global Health	3
HLTH 440	Public Health Seminar ¹	3
Subtotal		42
Required Internship		
HLTH 450	Internship ¹	6
Subtotal		6
Required Course outside of Major Department		
BIOL 210	Medical Microbiology with Lab ²	3
Subtotal		3
Supporting Coursework:		
Select three courses from the list below:		9
GERT 265	Aging and the Older Person ²	
GERT 414	Death and Dying ²	
HLTH 211	Women's Health Issues ²	
HLTH 314	Nutrition and Health ²	
HLTH 316	Human Sexuality ²	
HLTH 408	Public Health Administration ²	
Subtotal		9
Total Hours		60

¹ Course counts for 50% of Major requirements and Major GPA

² Course counts for 50% of Major requirements but not for Major GPA

* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

NATURAL SCIENCE AND MATH COLLEGE-WIDE REQUIREMENTS

Code	Title	Hours
CHEM 107	General Chemistry I	3
CHEM 111	General Chemistry I Lab	1
STAT 152	Elementary Statistics	3
BIOL 209	Advanced Human Anatomy and Physiology I with Laboratory	4
BIOL 309	Advanced Human Anatomy and Physiology II with Laboratory	4
Total Hours		15

ADDITIONAL PHYSICAL THERAPY PREREQUISITE COURSES

Code	Title	Hours
CHEM 108	General Chemistry II	3
CHEM 112	General Chemistry II Lab	1
PHYS 201	Elements of Physics I with Lab	4
PHYS 202	Elements of Physics II/ Lab	4
PSYC 105	Introduction to Psychology	3
Additional Psychology Course		3
Total Hours		18

CO-CURRICULAR AND EXPERIENTIAL LEARNING

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. Conference attendance
2. Service-Learning
3. Internships
4. Career Education
5. Peer Education Opportunities

Doctor of Physical Therapy (DPT) Prerequisite Admission Requirements

For Application Requirements

Please refer to Slippery Rock University's Physical Therapy (Doctor of Physical Therapy) website for requirements: www.sru.edu/PT/ (<http://www.sru.edu/PT/>)

Rock Studies 2

Code	Title	Hours
Prerequisite Courses - SRU Physical Therapy		
Select one of the following:		6-8
BIOL 209 & BIOL 309	Advanced Human Anatomy and Physiology I with Laboratory and Advanced Human Anatomy and Physiology II with Laboratory	
BIOL 340 & BIOL 410	Vertebrate Anatomy with Lab and Animal Physiology with Lab	

CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
Select one of the following:		8
PHYS 201 & PHYS 202	Elements of Physics I with Lab and Elements of Physics II/ Lab	
PHYS 216 & PHYS 217	University Physics 1 with Lab and University Physics 2 with Lab	
STAT 152 or BIOL 325	Elementary Statistics Biostatistics and Experimental Design with Lab	3
PSYC 105	Introduction to Psychology	3
PSYC 244 or PSYC 276	Developmental Psychology Introduction to Abnormal Psychology	3
Total Hours		31-33

Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

HEALTH SCIENCE - PUBLIC HEALTH (4010)/CIM 238
PRE PT (SRU Traditional)
Effective Summer 2026
Revised 05.12.2026
UCC 02.10.2026

RECOMMENDED FOUR-YEAR PLAN

Course	Title	Hours
First Year		
Fall		
HLTH 103	Health and Behavior Change	3
ENGL 102	Critical Writing	3
ESAP 101	FIRST Seminar *	1
SUBJ 139	Foundations of Academic Discovery ¹	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		13
Spring		
ENGL 104	Critical Reading	3
PSYC 105	Introduction to Psychology	3
Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Social Science Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		12

Second Year		
Fall		
HLTH 104	Introduction to Public Health	3
BIOL 209	Advanced Human Anatomy and Physiology I with Laboratory	4
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLI 235	Civil Discourse and Democracy	
Additional PSYC Course		3
Public Health Supporting Coursework		3
Declare a Thematic Thread (Choose a Thematic Thread that contains PSYC 105/STAT 152)		
Hours		16

Spring		
HLTH 204	Public Health Education and Communication	3
BIOL 309	Advanced Human Anatomy and Physiology II with Laboratory	4
STAT 152	Elementary Statistics	3
Public Health Supporting Coursework		3
Hours		13

Third Year		
Fall		
HLTH 322	Public Health Research Methods and Data Management	3
HLTH 314	Nutrition and Health	3
HLTH 406	Program Planning and Evaluation	3
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
Thematic Thread Requirement - 300+ Level (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		16

Spring		
HLTH 310	Environmental Health	3
HLTH 313	Biostatistics	3
HLTH 324	Epidemiology	3
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
Hours		13

Summer		
HLTH 450	Internship	12
Hours		12

Fourth Year		
Fall		
HLTH 209	Foundations of Disease in Public Health	3
BIOL 210	Medical Microbiology with Lab	3
PHYS 201	Elements of Physics I with Lab	4
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		13

Winter**Potential On-line Winter Courses**

HLTH 411	Global Health	
Hours		0

Spring

HLTH 411	Global Health	3
HLTH 440	Public Health Seminar	3
PHYS 202	Elements of Physics II/ Lab	4
Public Health Supporting Coursework		3
Hours		13

Summer**Potential On-line Summer Courses**

HLTH 211	Women's Health Issues	
HLTH 411	Global Health	
Hours		0
Total Hours**		121

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

* Students are encouraged to take ESAP 101 as a Free Elective.

** If your Thematic Thread does not include PSYC 105 and STAT 152, then you will need to take 2 additional lower level Thematic Thread courses.

***This document serves as a guide. Earning a degree requires at least 120 credits, though some majors require more. Before registering for courses, consult your academic adviser and review your curriculum guide. Be sure to review and confirm your plan with your adviser at least once each academic year.*

Major Code: 6266

Concentration Code: SRU Traditional

Revised: 07.07.2025