

PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-OCCUPATIONAL THERAPY (SRU) (3+3)

RECOMMENDED THREE-YEAR PLAN

Course	Title	Hours
First Year		
Fall		
HLTH 103	Health and Behavior Change	3
CHEM 104	Introduction Chemistry I	3
ENGL 102	Critical Writing	3
ESAP 101	FYRST Seminar *	1
SUBJ 139	Foundations of Academic Discovery ¹	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		16
Spring		
HLTH 103	Health and Behavior Change	3
ENGL 104	Critical Reading	3
PSYC 105	Introduction to Psychology	3
SCI 102	Understanding the Physical World	3
Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Social Science Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		18
Second Year		
Fall		
HLTH 204	Public Health Education and Communication	3
BIOL 209	Advanced Human Anatomy and Physiology I with Laboratory	4
EXER 250	Medical Terminology	3
INDP 108 or SOWK 105	Introduction to Anthropology or Human Diversity	3
PSYC 244	Developmental Psychology	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLI 235	Civil Discourse and Democracy	
Declare a Thematic Thread (Choose a Thematic Thread that contains PSYC 105 and EXSC 250) ²		
Hours		19
Spring		
HLTH 209	Foundations of Disease in Public Health	3
BIOL 210	Medical Microbiology with Lab	3
BIOL 309	Advanced Human Anatomy and Physiology II with Laboratory	4
PSYC 276	Introduction to Abnormal Psychology	3

STAT 152	Elementary Statistics	3
Thematic Thread Requirement - 300+ Level (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		19
Third Year		
Fall		
HLTH 313	Biostatistics	3
HLTH 321	Advanced Disease Prevention in Public Health	3
HLTH 323	Social Determinants of Health	3
HLTH 406	Program Planning and Evaluation	3
HLTH 407	Fundamentals of Public Health Policy and Management	3
HLTH 411	Global Health	3
Thematic Thread Requirement - 300+ Level (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) **		3
Hours		21
Spring		
HLTH 313	Biostatistics	3
HLTH 322	Public Health Research Methods and Data Management	3
HLTH 324	Epidemiology	3
HLTH 450	Internship	3
PHYS 201 or RCTH 364	Elements of Physics I with Lab or Biomechanics of Individuals with Disabilities	3-4
Hours		15-16
Fourth Year		
Fall		
If not admitted to SRU OTD Program		
3 Public Health Supporting Coursework courses		9
Hours		9
Winter		
Potential Online Winter Course		
HLTH 411	Global Health	
Hours		0
Spring		
If not admitted to SRU OTD Program		
HLTH 440	Public Health Seminar	3
HLTH 450	Internship (or summer after senior year)	6
Hours		9
Summer		
Potential On-line Summer Courses		
HLTH 411	Global Health	
Hours		0
Total Hours**		126-127

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

* Students are encouraged to take ESAP 101 as a Free Elective.

******You will already have if you declare a Thematic Thread Fall 2022 or later that includes PSYC 105 & Medical Terminology.

***This document serves as a guide. Earning a degree requires at least 120 credits, though some majors require more. Before registering for courses, consult your academic adviser and review your curriculum guide. Be sure to review and confirm your plan with your adviser at least once each academic year.*

Major Code: 6266

Concentration Code: 6HPO

Revised 07.07.2025