

PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-OCCUPATIONAL THERAPY (SRU) (TRADITIONAL)

RECOMMENDED FOUR-YEAR PLAN

| Course | Title | Hours |
|--|---|-----------|
| First Year | | |
| Fall | | |
| HLTH 103 | Health and Behavior Change | 3 |
| CHEM 104 | Introduction Chemistry I | 3 |
| ENGL 102 | Critical Writing | 3 |
| SUBJ 139 | Foundations of Academic Discovery ¹ | 3 |
| ESAP 101 | FYRST Seminar * | 1 |
| Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) | | 3 |
| Hours | | 16 |
| Spring | | |
| ENGL 104 | Critical Reading | 3 |
| INDP 108 | Introduction to Anthropology or SOWK 105 or Human Diversity | 3 |
| PSYC 105 | Introduction to Psychology | 3 |
| SCI 102 | Understanding the Physical World ⁴ | 3 |
| Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) | | 3 |
| Social Science Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) | | 3 |
| Hours | | 18 |
| Second Year | | |
| Fall | | |
| HLTH 104 | Introduction to Public Health | 3 |
| BIOL 209 | Advanced Human Anatomy and Physiology I with Laboratory | 4 |
| EXER 250 | Medical Terminology | 3 |
| PSYC 244 | Developmental Psychology | 3 |
| Select one of the following: | | 3 |
| COMM 200 | Civil Discourse: Theory & Practice | |
| PHIL 110 | Ethics and Civil Discourse | |
| POLI 235 | Civil Discourse and Democracy | |
| Declare a Thematic Thread (Choose a Thematic Thread that contains PSYC 105/EXSC 250) ² | | |
| Hours | | 16 |
| Spring | | |
| HLTH 204 | Public Health Education and Communication | 3 |
| BIOL 309 | Advanced Human Anatomy and Physiology II with Laboratory | 4 |
| PSYC 276 | Introduction to Abnormal Psychology | 3 |
| STAT 152 | Elementary Statistics | 3 |

Thematic Thread Requirement - 300+ Level (<https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/>) 3

Hours 16

Third Year

Fall

HLTH 322 Public Health Research Methods and Data Management 3

HLTH 314 Nutrition and Health 3

HLTH 406 Program Planning and Evaluation 3

Public Health Supporting Coursework 3

Thematic Thread Requirement - 300+ Level (<https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/>) 3

Hours 15

Spring

HLTH 310 Environmental Health 3

HLTH 313 Biostatistics 3

HLTH 324 Epidemiology 3

HLTH 411 Global Health 3

PHYS 201 Elements of Physics I with Lab or RCTH 364 or Biomechanics of Individuals with Disabilities 3-4

Hours 15-16

Fourth Year

Fall

HLTH 209 Foundations of Disease in Public Health 3

BIOL 210 Medical Microbiology with Lab 3

Public Health Supporting Coursework 6

Hours 12

Winter

Potential Online Winter Course

HLTH 411 Global Health

Hours 0

Spring

HLTH 440 Public Health Seminar 3

Internship (unless taken prior to senior year) 12

Hours 15

Summer

Potential On-line Summer Courses

HLTH 211 Women's Health Issues

HLTH 411 Global Health

Hours 0

Total Hours** 123-124

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year. Choose a Thematic Thread that contains PSYC 105 & Medical Terminology.

⁴ Only if you choose to NOT take PHYS 201 with lab

* Students are encouraged to take ESAP 101 as a Free Elective.

******You will already have if you declare a Thematic Thread Fall 2022 or later that includes PSYC 105 & Medical Terminology.

***This document serves as a guide. Earning a degree requires at least 120 credits, though some majors require more. Before registering for courses, consult your academic adviser and review your curriculum guide. Be sure to review and confirm your plan with your adviser at least once each academic year.*

Major Code: 6266

Concentration Code: SRU Traditional

Revised: 05.20.2025