

# HEALTH SCIENCE - PUBLIC HEALTH, BACHELOR OF SCIENCE (BS)

## RECOMMENDED FOUR-YEAR PLAN

| Course   | Title  | Hours     |
|--|--|-----------|
| <b>First Year</b>  |  |           |
| <b>Fall</b>  |  |           |
| HLTH 103   | Health and Behavior Change                               | 3         |
| CHEM 104   | Introduction Chemistry I                                 | 3         |
| ENGL 102   | Critical Writing   | 3         |
| ESAP 101   | FYRST Seminar *  | 1         |
| SUBJ 139   | Foundations of Academic Discovery <sup>1</sup>           | 3         |
| <b>Hours</b>   |  | <b>13</b> |
| <b>Spring</b>  |  |           |
| ENGL 104   | Critical Reading   | 3         |
| SCI 102  | Understanding the Physical World                         | 3         |
| Creative & Aesthetic Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )             |  | 3         |
| Humanities Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )                       |  | 3         |
| <b>Hours</b>   |  | <b>12</b> |
| <b>Second Year</b>   |  |           |
| <b>Fall</b>  |  |           |
| HLTH 104   | Introduction to Public Health                            | 3         |
| BIOL 110   | The Human Body: Fundamentals of Structure and Physiology | 3         |
| STAT 152   | Elementary Statistics I                                  | 3         |
| Select one of the following:   |  | 3         |
| COMM 200   | Civil Discourse: Theory & Practice                       |           |
| PHIL 110   | Ethics and Civil Discourse                               |           |
| POLI 235   | Civil Discourse and Democracy                            |           |
| Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )              |  | 3         |
| Declare a Thematic Thread <sup>2</sup>   |  |           |
| <b>Hours</b>   |  | <b>15</b> |
| <b>Spring</b>  |  |           |
| HLTH 204   | Public Health Education and Communication                | 3         |
| Thematic Thread Requirement ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )              |  | 3         |
| Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> ) |  | 3         |
| Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> ) |  | 3         |
| Social Science Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )                   |  | 3         |
| <b>Hours</b>   |  | <b>15</b> |

### Third Year

#### Fall

|              |  |           |
|--------------|--|-----------|
| HLTH 209     | Foundations of Disease in Public Health            | 3         |
| HLTH 322     | Public Health Research Methods and Data Management | 3         |
| HLTH 314     | Nutrition and Health                               | 3         |
| BIOL 210     | Medical Microbiology with Lab                      | 3         |
| <b>Hours</b> |  | <b>12</b> |

#### Spring

|                                 |                      |           |
|---------------------------------|----------------------|-----------|
| HLTH 310                        | Environmental Health | 3         |
| HLTH 313                        | Biostatistics        | 3         |
| HLTH 411                        | Global Health        | 3         |
| Public Health Supporting Course |                      | 3         |
| <b>Hours</b>                    |                      | <b>12</b> |

### Fourth Year

#### Fall

|                                 |                                 |           |
|---------------------------------|---------------------------------|-----------|
| HLTH 406                        | Program Planning and Evaluation | 3         |
| Public Health Supporting Course |                                 | 3         |
| Electives                       |                                 | 9         |
| <b>Hours</b>                    |                                 | <b>15</b> |

#### Winter

##### Potential On-line Winter Courses

|                      |  |          |
|----------------------|--|----------|
| International Health |  |          |
| <b>Hours</b>         |  | <b>0</b> |

#### Spring

|                                 |                       |           |
|---------------------------------|-----------------------|-----------|
| HLTH 324                        | Epidemiology          | 3         |
| HLTH 440                        | Public Health Seminar | 3         |
| Public Health Supporting Course |                       | 3         |
| Electives                       |                       | 5         |
| <b>Hours</b>                    |                       | <b>14</b> |

#### Summer

|          |            |    |
|----------|------------|----|
| HLTH 450 | Internship | 12 |
|----------|------------|----|

##### Potential On-line Summer Courses

|                      |                       |            |
|----------------------|-----------------------|------------|
| HLTH 211             | Women's Health Issues |            |
| HLTH 411             | Global Health         |            |
| <b>Hours</b>         |                       | <b>12</b>  |
| <b>Total Hours**</b> |                       | <b>120</b> |

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year.

\* Students are encouraged to take ESAP 101 as a Free Elective.

\*\*This document serves as a guide. Earning a degree requires at least 120 credits, though some majors require more. Before registering for courses, consult your academic adviser and review your curriculum guide. Be sure to review and confirm your plan with your adviser at least once each academic year.