

HEALTH SCIENCE - PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-OCCUPATIONAL THERAPY (SRU) (TRADITIONAL)

RECOMMENDED FOUR-YEAR PLAN

Course	Title	Hours
First Year		
Fall		
HLTH 103	Health and Behavior Change	3
CHEM 104	Introduction Chemistry I	3
ENGL 102	Critical Writing	3
SUBJ 139	Foundations of Academic Discovery ¹	3
ESAP 101	FYRST Seminar *	1
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		16
Spring		
ENGL 104	Critical Reading	3
INDP 202	Introduction to Anthropology or SOWK 105 or Human Diversity	3
PSYC 105	Introduction to Psychology	3
SCI 102	Understanding the Physical World ⁴	3
Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Social Science Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3
Hours		18
Second Year		
Fall		
HLTH 210	Introduction to Public Health	3
BIOL 209	Human Anatomy and Physiology I	4
EXSC 250	Medical Terminology	3
PSYC 244	Developmental Psychology	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Declare a Thematic Thread (Choose a Thematic Thread that contains PSYC 105/EXSC 250) ²		
Hours		16
Spring		
HLTH 301	Introduction to Health Education	3
BIOL 309	Human Anatomy and Physiology II	4
PSYC 276	Introduction to Abnormal Psychology	3
STAT 152	Elementary Statistics I	3

Thematic Thread Requirement - 300+ Level (<https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/>) 3

Hours 16

Third Year

Fall

HLTH 312	Data Management for Health Science	3
HLTH 314	Nutrition and Health	3
HLTH 406	Program Planning and Evaluation	3
Public Health Supporting Coursework		3
Thematic Thread Requirement - 300+ Level (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)		3

Hours 15

Spring

HLTH 310	Environmental Health	3
HLTH 311	Global Health	3
HLTH 313	Biostatistics	3
HLTH 410	Epidemiology	3
PHYS 201	Elements of Physics I with Lab	3-4
or RCTH 364	or Biomechanics of Individuals with Disabilities	

Hours 15-16

Fourth Year

Fall

HLTH 309	Introduction to the Study of Disease	3
BIOL 210	Medical Microbiology with Lab	3
INDP 318	Research Methods in Interdisciplinary Studies	3
or SOWK 318	or Research Methods	
Public Health Supporting Coursework		6

Hours 15

Winter

Potential Online Winter Course		
HLTH 311	Global Health	

Hours 0

Spring

HLTH 440	Public Health Seminar	3
Internship (unless taken prior to senior year)		12

Hours 15

Summer

Potential On-line Summer Courses		
HLTH 211	Women's Health Issues	
HLTH 311	Global Health	

Hours 0

Total Hours 126-127**

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year. Choose a Thematic Thread that contains PSYC 105 & Medical Terminology.

⁴ Only if you choose to NOT take PHYS 201 with lab

* Students are encouraged to take ESAP 101 as a Free Elective.

**You will already have if you declare a Thematic Thread Fall 2022 or later that includes PSYC 105 & Medical Terminology.

*** This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.*

Major Code: 6266

Concentration Code: SRU Traditional

Revised: 10.05.2023