

# HEALTH SCIENCE - PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-PHYSICAL THERAPY (SRU) (3+3)

## RECOMMENDED THREE-YEAR PLAN

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
HLTH 103	Health and Behavior Change	3
CHEM 107 & CHEM 111	General Chemistry I and General Chemistry I Lab	4
ENGL 102	Critical Writing	3
ESAP 101	FIRST Seminar *	1
SUBJ 139	Foundations of Academic Discovery <sup>1</sup>	3
<b>Hours</b>		<b>14</b>
<b>Spring</b>		
CHEM 108 & CHEM 112	General Chemistry II and General Chemistry II Lab	4
ENGL 104	Critical Reading	3
PSYC 105	Introduction to Psychology	3
	Creative & Aesthetic Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
	Humanities Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
<b>Hours</b>		<b>16</b>
<b>Second Year</b>		
<b>Fall</b>		
HLTH 210	Introduction to Public Health	3
BIOL 209	Human Anatomy and Physiology I	4
	Additional PSYC course	3
	Select one of the following:	3
	COMM 200 Civil Discourse: Theory & Practice	
	PHIL 110 Ethics and Civil Discourse	
	POLS 235 Civil Discourse and Democracy	
	Social Science Inquiry ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3
	Declare a Thematic Thread (Choose a Thematic Thread that contains PSYC 105) <sup>2</sup>	
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
HLTH 301	Introduction to Health Education	3
BIOL 309	Human Anatomy and Physiology II	4
STAT 152	Elementary Statistics I	3
	Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )	3

Thematic Thread Requirement - 300+ Level ( <a href="https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/">https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/</a> )		3
<b>Hours</b>		<b>16</b>
<b>Third Year</b>		
<b>Fall</b>		
HLTH 309	Introduction to the Study of Disease	3
HLTH 312	Data Management for Health Science	3
HLTH 314	Nutrition and Health	3
HLTH 406	Program Planning and Evaluation	3
PHYS 201	Elements of Physics I with Lab	4
<b>Hours</b>		<b>16</b>
<b>Spring</b>		
HLTH 310	Environmental Health	3
HLTH 311	Global Health	3
HLTH 313	Biostatistics	3
HLTH 410	Epidemiology	3
PHYS 202	Elements of Physics II/ Lab	4
<b>Hours</b>		<b>16</b>
<b>Fourth Year</b>		
<b>Fall</b>		
<b>Senior Year –Semester 1</b>		
If not admitted to SRU DPT Program		
Public Health Supporting Coursework - select three		9
BIOL 210	Medical Microbiology with Lab	3
<b>Hours</b>		<b>12</b>
<b>Winter</b>		
Potential Online Winter Course		
HLTH 311	Global Health	
<b>Hours</b>		<b>0</b>
<b>Spring</b>		
<b>Senior Year –Semester 2</b>		
If not admitted to SRU DPT Program		
HLTH 440	Public Health Seminar	3
HLTH 450	Internship (or summer after senior year)	12
<b>Hours</b>		<b>15</b>
<b>Summer</b>		
Potential Online Summer Course		
HLTH 311	Global Health	
<b>Hours</b>		<b>0</b>
<b>Total Hours**</b>		<b>121</b>

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year. Choose a Thematic Thread that contains PSYC 105.

\* Students are encouraged to take ESAP 101 as a Free Elective.

\*\*If your Thematic Thread does not include PSYC 105, you will need to take one additional lower level Thematic Thread course.

\*\* This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please

*consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.*

Major Code: 6266

Concentration Code: 62P5

Revised 05.10.2024