# PSYCHOLOGY, BACHELOR OF SCIENCE (BS) / PRE-COUNSELING (SRU) (3+3)

# Curriculum Guide GPA Requirement

Major GPA: 3.0 or higher Overall GPA: 3.0 or higher

# Summary\*

| Code                        | Title | Hours |
|-----------------------------|-------|-------|
| Rock Studies 2 Requirements |       | 42    |
| Other Basic Requirements    |       | 0-3   |
| Major Requirements          |       | 42-44 |
| Electives                   |       | 36    |

\* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate. However, because this is a pre-professional program, credits taken during the 1<sup>st</sup> year of the graduate program are applied toward the undergraduate credit hours to meet the 120 credits required for your undergraduate degree.

This major can be declared until the semester during which the student will reach 45 credits.

# **Rock Studies 2 Requirements**

| The Rock  SUBJ 139 Foundations of Academic Discovery 1 3  ENGL 102 Critical Writing 3  ENGL 104 Critical Reading 3  STAT 152 Elementary Statistics 1 3  Select one of the following: 3  COMM 200 Civil Discourse: Theory & Practice  PHIL 110 Ethics and Civil Discourse  POLS 235 Civil Discourse and Democracy  Subtotal 15  Integrated Inquiry  Creative and Aesthetic Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Natural Science Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3  Subtotal 15 | Code                 | Title  | Hours |
|---|----------------------|--|-------|
| ENGL 102 Critical Writing  ENGL 104 Critical Reading  STAT 152 Elementary Statistics I  Select one of the following:  COMM 200 Civil Discourse: Theory & Practice  PHIL 110 Ethics and Civil Discourse  POLS 235 Civil Discourse and Democracy  Subtotal 15  Integrated Inquiry  Creative and Aesthetic Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | The Rock             |  |       |
| ENGL 104 Critical Reading 3 STAT 152 Elementary Statistics I 3 Select one of the following: 3 COMM 200 Civil Discourse: Theory & Practice PHIL 110 Ethics and Civil Discourse POLS 235 Civil Discourse and Democracy Subtotal 15 Integrated Inquiry Creative and Aesthetic Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Humanities Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Social Science Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Social Science Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Natural Sciences Inquiry SCI 101 Science of Life 3 Physical Science Inquiry SCI 102 Understanding the Physical World 3  | SUBJ 139             | Foundations of Academic Discovery <sup>1</sup> | 3     |
| STAT 152 Elementary Statistics I 3 Select one of the following: 3  COMM 200 Civil Discourse: Theory & Practice PHIL 110 Ethics and Civil Discourse POLS 235 Civil Discourse and Democracy Subtotal 15 Integrated Inquiry Creative and Aesthetic Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Humanities Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Social Science Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Social Science Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Natural Sciences Inquiry SCI 101 Science of Life 3 Physical Science Inquiry SCI 102 Understanding the Physical World 3                             | ENGL 102             | Critical Writing                               | 3     |
| Select one of the following:  COMM 200 Civil Discourse: Theory & Practice  PHIL 110 Ethics and Civil Discourse  POLS 235 Civil Discourse and Democracy  Subtotal 15  Integrated Inquiry  Creative and Aesthetic Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Nacial Science Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | ENGL 104             | Critical Reading                               | 3     |
| COMM 200 Civil Discourse: Theory & Practice  PHIL 110 Ethics and Civil Discourse  POLS 235 Civil Discourse and Democracy  Subtotal 15  Integrated Inquiry  Creative and Aesthetic Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Nacial Science Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | STAT 152             | Elementary Statistics I                        | 3     |
| PHIL 110 Ethics and Civil Discourse POLS 235 Civil Discourse and Democracy  Subtotal 15 Integrated Inquiry Creative and Aesthetic Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Humanities Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Social Science Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Natural Sciences Inquiry SCI 101 Science of Life 3 Physical Science Inquiry SCI 102 Understanding the Physical World 3  | Select one of the fo | llowing:                                       | 3     |
| POLS 235 Civil Discourse and Democracy  Subtotal 15  Integrated Inquiry  Creative and Aesthetic Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3  | COMM 200             | Civil Discourse: Theory & Practice             |       |
| Subtotal 15 Integrated Inquiry Creative and Aesthetic Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Humanities Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Social Science Inquiry Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/) Natural Sciences Inquiry SCI 101 Science of Life 3 Physical Science Inquiry SCI 102 Understanding the Physical World 3  | PHIL 110             | Ethics and Civil Discourse                     |       |
| Integrated Inquiry  Creative and Aesthetic Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3  | POLS 235             | Civil Discourse and Democracy                  |       |
| Creative and Aesthetic Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock- studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock- studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock- studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | Subtotal             |  | 15    |
| Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3  | Integrated Inquiry   |  |       |
| studies/rock-studies-program/)  Humanities Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock- 3 studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock- 3 studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | Creative and Aesthe  | tic Inquiry                                    |       |
| Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   |                      |  |       |
| studies/rock-studies-program/)  Social Science Inquiry  Select 3 Credits (https://catalog.sru.edu/undergraduate/rock- 3 studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | Humanities Inquiry   |  |       |
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| studies/rock-studies-program/)  Natural Sciences Inquiry  SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | Social Science Inqui | ry   |       |
| SCI 101 Science of Life 3  Physical Science Inquiry  SCI 102 Understanding the Physical World 3   | `                    |  |       |
| Physical Science Inquiry  SCI 102 Understanding the Physical World 3  | Natural Sciences Inc | quiry  |       |
| SCI 102 Understanding the Physical World 3  | SCI 101              | Science of Life                                | 3     |
|   | Physical Science Inc | quiry  |       |
| Subtotal 15   | SCI 102              | Understanding the Physical World               | 3     |
|   | Subtotal             |  | 15    |

#### **Thematic Thread**

| Total Hours   | 42 |
|---|----|
| Select 12 Credits (https://catalog.sru.edu/undergraduate/rock-<br>studies/rock-studies-program/) <sup>2</sup> | 12 |

Course offered in multiple subjects; cannot take course in first major subject.

One course from each category; six credits must be 300-level or above; no more than 4 credits from one subject area; specific courses required in first major, regardless of prefix of course, cannot be used to satisfy thread requirements; any course with same prefix as first major cannot be used to satisfy thread requirements, even if it is not a course in the first major.

# **Basic Math Requirement**

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

| Code            | Title                              | Hours |
|-----------------|------------------------------------|-------|
| Complete one of | f the following:                   | 0-3   |
| Meet required   | d minimum SAT or ACT math score OR |       |
| ESAP 110        | Beginning Algebra                  |       |
| Total Hours     |                                    | 0-3   |

#### DIVERSITY, EQUITY, AND INCLUSION REQUIREMENT

Students must take and pass a course with the Diversity, Equity, and Inclusion (DEI) designation prior to graduation. Students can meet this requirement by taking any DEI - designated course in any program at any time during their undergraduate career.

#### **Major Requirements**

- 21 major credits must be taken at SRU or PASSHE
- · 21 major credits must be taken at the 300 level or above
- Overall, 48 credit hours must be completed at the 300 or 400 level
- Students who do not meet minimum standards will be dismissed from, the program. All dismissals are permanent.

| Code  | Title  | Hours |  |
|---|--|-------|--|
| Required Courses (Grade of 'C' or higher required) <sup>1</sup> |  |       |  |
| Required Courses may only be repeated once.                     |  |       |  |
| PSYC 105  | Introduction to Psychology                         | 3     |  |
| PSYC 231  | Psychological Science I: Research Methods          | 3     |  |
| PSYC 232  | Psychological Science II: Statistical Applications | 3     |  |
| PSYC 244  | Developmental Psychology                           | 3     |  |
| PSYC 276  | Introduction to Abnormal Psychology <sup>2</sup>   | 3     |  |
| PSYC 375  | Psychopathology of Adulthood                       | 3     |  |
| Subtotal  |  | 18    |  |
| Applied Psychology Electives <sup>1</sup>                       |  |       |  |
| Select two of the following:                                    |  |       |  |
| PSYC 208  | Personality  |       |  |
| PSYC 304  | Theories of Counseling                             |       |  |
| PSYC 306  | Introduction to Psychological Testing              |       |  |
| PSYC 318  | Psychopathology of Childhood and<br>Adolescence    |       |  |

| PSYC 320                  | Introduction to Clinical Psychology        |     |
|---------------------------|--|-----|
| PSYC 475                  | Behavior Modification                      |     |
| Subtotal                  |  | 6   |
| Biobehavioral Electi      |  |     |
| Select two of the fol     | lowing:                                    | 6-8 |
| PSYC 233                  | Sensation & Perception                     |     |
| PSYC 289                  | Positive Psychology                        |     |
| PSYC 303                  | Learning                                   |     |
| PSYC 311                  | Introduction to Behavioral Neuroscience    |     |
| PSYC 321                  | Drugs and Behavior                         |     |
| PSYC 334                  | Health Psychology                          |     |
| PSYC 338                  | Cognitive Psychology                       |     |
| PSYC 471                  | Psychopharmacology                         |     |
| PSYC 473                  | Hormones and Behavior                      |     |
| PSYC 476                  | Clinical Neuroscience                      |     |
| Subtotal                  |  | 6-8 |
| <b>Developmental Psyc</b> | chology Electives <sup>1</sup>             |     |
| Select two of the fol     | lowing:                                    | 6   |
| PSYC 364                  | Child and Adolescent Development           |     |
| PSYC 365                  | Psychology of Aging                        |     |
| PSYC 415                  | Multicultural Identity Development         |     |
| PSYC 428                  | Social and Emotional Development Across    |     |
|                           | the Lifespan                               |     |
| PSYC 435                  | Resilience Across the Lifespan             |     |
| PSYC 445                  | Infant and Child Cognition                 |     |
| PSYC 477                  | Developmental Neuroscience                 |     |
| Subtotal                  |  | 6   |
| Diversity Elective 1      |  |     |
| Select one of the fol     | lowing:                                    | 3   |
| PSYC 240                  | Human Sexual Behavior                      |     |
| PSYC 300                  | Psychology of Women, Gender and Culture    |     |
| PSYC 315                  | Psychology of Sexual and Gender Diversity  |     |
| PSYC 392                  | Cross Cultural Psychology                  |     |
| Subtotal                  |  | 3   |
| Required Profession       | nal Competency                             | 1   |
| PSYC 420                  | Community Service Internship in Psychology | 3   |
| or PSYC 430               | Research Practicum in Psychology           |     |
|                           |  |     |

- 1 Courses count for 50% of Major requirements and Major GPA
- Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

#### **Electives**

**Total Hours** 

| Code     | Title                                 | Hours |
|----------|---------------------------------------|-------|
| PSYC 350 | Contemporary Topics in Psychological  | 1     |
|          | Science (Course may be repeated for a |       |
|          | total of 2 credits)                   |       |

# **Writing Competency Requirements**

| Code          | Title       | Hours |
|---------------|-------------|-------|
| Writing in Ps | ychology #1 |       |
| Writing in Ps | ychology #2 |       |
| Writing in Ps | ychology #3 |       |

## **Co-curricular and Experiential Learning**

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

- 1. International Study Programs
- 2. High-Impact Practice (HIP) designated classes
- 3. Student-faculty research
- Student leadership (Psi Chi, Psychology Club, Reflections Body Image Organization, Nu Rho Psi, Neuro Rocks)
- 5. Service-learning classes
- Career education planning (Office of Career Education and Development)
- 7. Internships

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- 8. Volunteering in local human services and mental health agencies
- 9. Job shadowing Volunteering

## **Important Curriculum Guide Notes**

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.

PASSHE - Pennsylvania State System of Higher Education Institutions

PSYCHOLOGY - BS (6170) Pre-Counseling 3+3 (617C) This program is effective as of Summer 2023 Revised 09.28.23 UCC 09.19.23