

# EXERCISE SCIENCE, BACHELOR OF SCIENCE (BS)

## PROGRAM LEARNING OUTCOMES

- **Professional Competence:** To utilize knowledge, skills, and abilities to evaluate health behavior and risk factors; develop, implement, and evaluate evidence-based exercise and wellness programs, and employ behavioral strategies to motivate individuals to adopt and maintain positive lifestyle behaviors. UO 3,4,5
- **Professional Interaction and Communication:** To interact and communicate effectively by presenting information in oral and written formats, collaborating with professionals and peers, expressing ideas clearly, and giving and receiving feedback. UO 1
- **Professional Behavior and Involvement:** To model professional behaviors (including preparedness, engagement, and appearance), and demonstrate professional involvement across the major. UO 5,7,9
- **Ethical Reasoning:** To make well-informed and unbiased decisions to enhance the well-being of others UO 8, 10
- **Critical Thinking:** To demonstrate clear and accurate reasoning to make decisions and solve problems. UO 2

## Academic Policies for Students in the Exercise Science Major

*Effective for all Exercise Science Majors beginning Spring 2021*

1. Policy for earning acceptable grades in the Exercise Science program:
    - a. A student must earn a grade of "C" or better in ALL Required Basic Courses (EXSC 100's, EXSC 200's, EXSC 300's) and Required Upper Level Courses (EXSC 400's, EXSC 410's, EXSC 424, EXSC 450).
    - b. A student must earn a grade of "C" or better in ALL Natural Science and Math College-Wide Requirements (BIOL 216/BIOL 217 or BIOL 209/BIOL 309, STAT 152, PHYS 201).
    - c. The Exercise Science curriculum is structured with pre-requisites. A student must earn a "C" or better in the pre-requisite course to be able to take the next course. See course catalog for pre-requisites.
    - d. If a student does not earn a "C" or better, they will be required to:
      - i. Retake the course
      - ii. They will be dropped from any course(s) in the following semester that requires a "C" or better as a pre-requisite (see course catalog for pre-requisites)
      - iii. Students will need to meet with their Academic Advisor and change their schedule accordingly
  2. SRU has a *Repeat of Courses Policy* as follows and it can be found in the course catalog: Repeat of Courses < Slippery Rock University (sru.edu) (<https://catalog.sru.edu/academic-policies/repeat-of-courses/>)
    - a. Students may attempt to improve their grade point average by repeating courses. The most recent grade earned is used in calculating the GPA even if the earlier grade was higher. If a passed course is repeated and failed (or NC), the student will lose both the grade points and credits previously earned. However, all grades will appear on the transcript. [Courses in which a grade](#) was earned at Slippery Rock University may not be repeated at any institution. A grade of W (withdraw) does not count as an earned grade.
- Students who repeat a course must do so using the same grading system under which they originally took the course. For example, a student who originally took a course graded A-F may not repeat the course on a P/NC, P/F, or audit basis. Students may not repeat a course by using any Credit by Examination program if they originally took the course on a graded A-F, P/NC, P/F, or audit basis.
- Undergraduate students will be limited to a maximum total of six repeats during their entire SRU academic career, excluding withdrawal grades.
- In addition, repeats of a single course will be limited to a maximum of two. This means, no single course may be taken more than three times (excluding withdrawal grades). The course repeat policy for post-baccalaureate students is the same as the undergraduate student policy.
3. Once the student has exceeded the *SRU Repeat of Courses Policy*, the student will no longer remain in the Exercise Science major and all EXSC- Exercise Science Major courses will be removed from their schedule. The student should change their major as soon as possible and meet with the new major to register for classes.
  4. Policy for changing to the Exercise Science major:
    - a. A Slippery Rock University student wishing to change their major to Exercise Science MUST have an overall GPA of 2.00.
    - b. A transfer student who enters from another University must have an overall GPA of 2.00.
  5. Additional costs associated with the Exercise Science major:
    - a. Lab fees will be collected for exercise science classes with a lab component. This fee enhances the department's ability to offer a high-quality program.
    - b. A student in the Exercise Science major is required to maintain current CPR/AED, First Aid, and Student Professional Liability Insurance while enrolled in EXSC 412 and EXSC 450 at their own cost. More information will be provided to students in the upper level EXSC courses.
    - c. EXSC 450 Internship: Certain sites may require one or more of the following: physical examinations, record of immunizations, TB test, criminal background checks, drug testing, specific certifications for CPR/AED (e.g., American Heart Association), and HIPAA training. These may require additional costs for students. Fulfilling these requirements and obtaining appropriate documentation is the responsibility of the student.

*Updated March 15, 2023*

## RELATED LINKS

Exercise Science, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/exercise-science/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)