

HEALTH SCIENCE - PUBLIC HEALTH, BACHELOR OF SCIENCE (BS) / PRE-OCCUPATIONAL THERAPY (SRU) (TRADITIONAL)

Recommended Four-Year Plan

Course	Title	Hours
First Year		
Fall		
HLTH 103	Health and Behavior Change	3
CHEM 104	Introduction Chemistry I	3
ENGL 102	Critical Writing	3
INDS 101	FYRST Seminar	1
SUBJ 139	University Seminar ¹	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Hours		16
Spring		
ENGL 104	Critical Reading	3
PSYC 105	Introduction to Psychology	3
SCI 102	Understanding the Physical World	3
STAT 152	Elementary Statistics I	3
Humanities Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Hours		15
Second Year		
Fall		
HLTH 210	Introduction to Public Health	3
BIOL 216	Anatomy and Physiology I with Lab	3
INDP 202 or SOWK 105	Introduction to Anthropology or Human Diversity	3
PSYC 244	Developmental Psychology	3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
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Declare a Thematic Thread ²		
Hours		18
Spring		
HLTH 301	Introduction to Health Education	3
BIOL 217	Anatomy and Physiology II with Lab	3
ERS 250 or HCAM 250	Medical Terminology or Medical Terminology for Healthcare Administrators	3
PSYC 276	Introduction to Abnormal Psychology	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	

POLS 235	Civil Discourse and Democracy	
Hours		15
Third Year		
Fall		
HLTH 312	Data Management for Health Science	3
HLTH 314	Nutrition and Health	3
HLTH 406	Program Planning and Evaluation	3
Public Health Supporting Coursework		3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
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Hours		18
Spring		
HLTH 310	Environmental Health	3
HLTH 311	International Health	3
HLTH 313	Biostatistics	3
HLTH 410	Epidemiology	3
PHYS 201 or PE 364	Elements of Physics I with Lab or Biomechanics of Individuals with Disabilities	3-4
Hours		15-16
Summer		
HLTH 450	Internship (unless taken in spring semester of senior year)	0
Hours		0
Fourth Year		
Fall		
HLTH 309	Introduction to the Study of Disease	3
BIOL 210	Medical Microbiology with Lab	3
INDP 318 or SOWK 318	Research Methods in Interdisciplinary Studies or Research Methods	3
Public Health Supporting Coursework		6
Hours		15
Winter		
Potential On-line Winter Courses		0
International Health		
Hours		0
Spring		
HLTH 440	Public Health Seminar	3
Internship (unless taken prior to senior year)		12
Hours		15
Summer		
Potential On-line Summer Courses		0
International Health/Women's Health Issues		
Hours		0
Total Hours**		127-128

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year. Click **here** to declare a thread.

* Students are encouraged to take INDS 101 as a Free Elective.

*** This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.*

Major Code: 6266

Concentration Code: SRU Traditional

Revised: 07.14.2021