

RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS)

Program Learning Outcomes

- **Degree Program Writing Competency:** Upon completion of the degree program RT students will write professionally and effectively, according to expectations of the Recreational Therapy profession.
- **Life-Long Learning:** Recognize the importance of lifelong learning and demonstrates responsibly for self-assessment and growth. This ability is evident through the demonstration of self initiating behaviors, anticipating and responding to changes in a productive manner, assuming responsibility for continuous self reflection assessment of strengths and limitations and in seeking out information from a variety of resources in an independent manner.
- **Methodological Proficiency:** Upon completion of the degree program RT students will use an analytical framework to facilitate the Recreational Therapy process to meet the needs of individuals. The abilities developed include a solid knowledge of the RT process, assessment methods, planning skills, intervention, techniques and strategies, and evaluation skills.
- **Professional Decision Making:** Analyze and synthesize complex information to make sound clinical decisions. This ability is inclusive of areas such as problem solving, critical thinking, evaluation and organization with application to clinical and non clinical areas.
- **Professional Interactions:** Effectively communicates with people in a variety of professional contexts including assisting clients in confronting and coping with life challenges, collaborating on teams and presenting information in oral and written formats. The abilities developed include striving to maintain objectivity, tolerating ambiguity, appreciating diversity and adhering to conventional standards of expression.
- **Valuing Ethical Responsibilities:** Act with professional values in all situations. These skills include maintaining appropriate humane and ethical treatment of individuals as well as upholding the professional code of ethics. This expertise includes formulating value judgments reflecting a respect for dignity and individuality of every person.

Related Links

Recreational Therapy, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/recreational-therapy/>)

Recreational Therapy Department Page (<https://www.sru.edu/academics/colleges-and-departments/ches/departments/recreational-therapy/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)

Curriculum Guide

GPA Requirement

Major GPA: 2.0 or higher

Overall GPA: 2.0 or higher

Summary*

Code	Title	Hours
	Rock Studies Requirements	42
	Other Basic Requirements	0-3

Computer Competency	0-3
Major Requirements	60
Professional Electives	12
NCTRC Certification Requirements	18
Electives	18

* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate.

Rock Studies Requirements

Code	Title	Hours
The Rock		
SUBJ 139	University Seminar ¹	3
ENGL 102	Critical Writing	3
ENGL 104	Critical Reading	3
MATH 117	Quantitative Reasoning	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Subtotal		15
Integrated Inquiry		
<i>Creative and Aesthetic Inquiry</i>		
Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
<i>Humanities Inquiry</i>		
PHIL 325	Medical/Health Care Ethics	3
<i>Social Science Inquiry</i>		
PSYC 105	Introduction to Psychology	3
<i>Natural Sciences Inquiry</i>		
SCI 101	Science of Life	3
<i>Physical Sciences Inquiry</i>		
SCI 102	Understanding the Physical World	3
Subtotal		15
Thematic Thread		
Select 12 credits: ²		12
PSYC 244	Developmental Psychology (required)	
At least two 300 level or above courses		
Additional course		
Total Hours		42

¹ Course offered in multiple subjects; cannot take course in first major subject.

² At least 3 categories; no more than 6 credits from one department.

Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

Code	Title	Hours
Complete one of the following:		0-3
Meet required minimum SAT or ACT math score OR		

ESAP 110	Beginning Algebra	
Total Hours		0-3

Computer Competency

Code	Title	Hours
Demonstrate "computer competency" by one of the following: 0-3		
Pass Computer Competency Exam OR		
Select one of the following at SRU or another post-secondary institution:		
CPSC 100	Introduction to Computing for Liberal Arts	
CPSC 110	Computer Concepts	
CPSC 130	Introduction to Computing and Programming	
PE 202	Technology for Wellness	
Total Hours		0-3

Major Requirements

- 30 major credits must be taken at SRU or PASSHE
- 30 major credits must be taken at the 300 level or above
- Students must become certified in First Aid and CPR. This can be accomplished by taking a course (example: American Heart Association or by completing SAFE 205–First Aid & Safety).

Code	Title	Hours
Recreational Therapy Courses		
Must earn a "C" or better in all of the following RCTH courses:		
RCTH 120	Disability, Community Inclusion, and Diversity ¹	3
RCTH 220	Recreational Therapy Services ¹	3
RCTH 232	Recreational Therapy for People with Physical Disabilities ¹	3
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders ¹	3
RCTH 314	Clinical Aspects of Recreational Therapy ¹	3
RCTH 317	Organization and Management of Recreational Therapy Practice ¹	3
RCTH 319	Client Assessment in Recreational Therapy ¹	3
RCTH 320	Recreational Therapy Program Design ¹	3
RCTH 351	Recreational Therapy Practicum ¹	3
RCTH 415	Challenges and Trends in Recreational Therapy ¹	3
RCTH 420	Recreational Therapy for Older Adults ¹	3
RCTH 422	Recreational Therapy Interventions I ¹	3
RCTH 423	Recreational Therapy Interventions II ¹	3
RCTH 450	Internship ^{1,2}	12
Subtotal		51
Required Recreational Therapy Courses from Other Departments		
PE 360	Anatomical and Physiological Basis of Physical Activity/Lab ¹	3
PE 364	Biomechanics of Individuals with Disabilities ¹	3
PSYC 244	Developmental Psychology ^{1,3}	3

Subtotal	9
Total Hours	60

- ¹ Course counts for 50% of Major requirements and Major GPA
 - ² Evidence of current First Aid & CPR certification must be provided prior to enrollment
 - ³ Course can be counted as a Rock Studies Requirement, but earns credit only once toward your 120-credits total
- * Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

Professional Electives

Code	Title	Hours
PSYC 105	Introduction to Psychology ¹	3
PHIL 325	Medical/Health Care Ethics ¹	3
PSYC 276	Introduction to Abnormal Psychology	3
Approved Professional Elective		3
Total Hours		12

- ¹ Course can be counted as a Rock Studies Requirement, but earns credit only once toward your 120-credits total

NCTRC Certification Requirements

These courses must be completed by the student in order to be eligible to take NCTRC Certification Exam

Code	Title	Hours
PSYC 105	Introduction to Psychology ¹	3
PSYC 244	Developmental Psychology ¹	3
PSYC 276	Introduction to Abnormal Psychology	3
PE 360	Anatomical and Physiological Basis of Physical Activity/Lab	3
PE 364	Biomechanics of Individuals with Disabilities	3
PHIL 325	Medical/Health Care Ethics ¹	3
Total Hours		18

- ¹ Course can be counted as a Rock Studies Requirement, but earns credit only once toward your 120-credits total

Co-curricular and Experimental Learning

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. High-Impact Practice (HIP) designated classes
2. Student-faculty research
3. Student leadership development
4. Service-learning classes
5. Internships
6. Volunteering

Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled

SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

RECREATIONAL THERAPY - BS (6393)
 This program is effective as of Fall 2020.
 Revised 10.06.20
 UCC 09.15.20

Recommended Four-Year Plan

Course	Title	Hours
First Year		
Fall		
RCTH 120	Disability, Community Inclusion, and Diversity	3
ENGL 102	Critical Writing	3
INDS 101	FIRST Seminar	1
PSYC 105	Introduction to Psychology	3
SUBJ 139	University Seminar ¹	3
Hours		13
Spring		
RCTH 220	Recreational Therapy Services	3
ENGL 104	Critical Reading	3
MATH 117	Quantitative Reasoning	3
PSYC 244	Developmental Psychology	3
Creative & Aesthetic Inquiry (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Hours		15
Second Year		
Fall		
RCTH 233 or RCTH 232	Recreational Therapy for People with Psychosocial and Mental Disorders or Recreational Therapy for People with Physical Disabilities	3
PSYC 276	Introduction to Abnormal Psychology	3
SCI 101	Science of Life	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Elective/Minor		3
Declare a Thematic Thread ²		
Hours		15
Spring		
RCTH 232 or RCTH 233	Recreational Therapy for People with Physical Disabilities or Recreational Therapy for People with Psychosocial and Mental Disorders	3
SCI 102	Understanding the Physical World	3

Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Elective/Minor		3
Hours		15
Third Year		
Fall		
RCTH 319	Client Assessment in Recreational Therapy	3
RCTH 351	Recreational Therapy Practicum	3
PE 360	Anatomical and Physiological Basis of Physical Activity/Lab	3
Elective/Minor		3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Thematic Thread Requirement (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)		3
Hours		18
Spring		
RCTH 314	Clinical Aspects of Recreational Therapy	3
RCTH 317	Organization and Management of Recreational Therapy Practice	3
RCTH 415	Challenges and Trends in Recreational Therapy	3
RCTH 423	Recreational Therapy Interventions II	3
Elective/Minor		3
Hours		15
Fourth Year		
Fall		
RCTH 320	Recreational Therapy Program Design	3
RCTH 420	Recreational Therapy for Older Adults	3
RCTH 422	Recreational Therapy Interventions I	3
PE 364	Biomechanics of Individuals with Disabilities	3
Elective/Minor		3
Hours		15
Spring		
RCTH 450	Internship	12
PHIL 325	Medical/Health Care Ethics	3
Hours		15
Total Hours**		121

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year. Click **here** to declare a thread.

* Students are encouraged to take INDS 101 as a Free Elective.

Major Code: 6393
 Revised: 12.10.2020

** This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to

registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.