

# PHYSICAL AND HEALTH EDUCATION

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## Programs

### Majors

- Health and Physical Education, Bachelor of Science in Education (BSED) - Concentration in Physical Activity and Fitness Management (<https://catalog.sru.edu/undergraduate/education/physical-health-education/health-physical-education-bsed-concentration-physical-activity-fitness-management/>)
- Health and Physical Education, Bachelor of Science in Education (BSED) - Concentration in Physical Activity and Fitness Management / Pre-Athletic Training (SRU) (3+2) (<https://catalog.sru.edu/undergraduate/education/physical-health-education/physical-health-education-bsed-pre-athletic-training/>)
- Health and Physical Education, Bachelor of Science in Education (BSED) - Concentration in Physical Activity and Fitness Management / Pre-Athletic Training (SRU) (Traditional) (<https://catalog.sru.edu/undergraduate/education/physical-health-education/physical-health-education-bsed-pre-athletic-training-traditional/>)
- Health and Physical Education, Bachelor of Science in Education (BSED) - Concentration in Physical Activity and Fitness Management / Pre-Occupational Therapy (SRU) (3+3) (<https://catalog.sru.edu/undergraduate/education/physical-health-education/physical-health-education-bsed-pre-occupational-therapy/>)
- Health and Physical Education, Bachelor of Science in Education (BSED) - Concentration in Physical Activity and Fitness Management / Pre-Occupational Therapy (SRU) (Traditional) (<https://catalog.sru.edu/undergraduate/education/physical-health-education/physical-health-education-bsed-pre-occupational-therapy-traditional/>)
- Health and Physical Education, Bachelor of Science in Education (BSED) - Concentration in School Wellness Education (<https://catalog.sru.edu/undergraduate/education/physical-health-education/health-physical-education-bsed-concentration-school-wellness/>)

### Minors

- Adapted Physical Activity, Minor (<https://catalog.sru.edu/undergraduate/education/physical-health-education/adapted-physical-activity-minor/>)
- Adventure Fitness, Minor (<https://catalog.sru.edu/undergraduate/education/physical-health-education/adventure-fitness-minor/>)
- Aquatics, Minor (<https://catalog.sru.edu/undergraduate/education/physical-health-education/aquatics-minor/>)
- Physical Education - Coaching, Minor (<https://catalog.sru.edu/undergraduate/education/physical-health-education/coaching-minor/>)
- Wellness, Minor (<https://catalog.sru.edu/undergraduate/education/physical-health-education/wellness-minor/>)

### Certificates

- Living Well, Certificate (<https://catalog.sru.edu/undergraduate/education/physical-health-education/living-well-certificate/>)