

HEALTH AND PHYSICAL EDUCATION, BACHELOR OF SCIENCE IN EDUCATION (BSED) - CONCENTRATION IN PHYSICAL ACTIVITY AND FITNESS MANAGEMENT / PRE-ATHLETIC TRAINING (SRU) (3+2)

CURRICULUM GUIDE

GPA REQUIREMENT – HEALTH & PHYSICAL EDUCATION

1st Major: Health & Physical Education, Physical Activity & Fitness Management

- Overall GPA: 2.00 or higher

2nd Major: Pre-AT SRU 3+2 Health & Physical Education, Physical Activity & Fitness Management

- Overall GPA: 3.00 or higher

SUMMARY*

Code	Title	Hours
	Rock Studies 2 Requirements	44
	Other Basic Requirements	0-3
	Computer Competency	0-3
	Major Requirements	55
	Electives	21

* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate. However, because this is a pre-professional program, credits taken during the 1st year of the graduate program are applied toward the undergraduate credit hours to meet the 120 credits required for your undergraduate degree.

ROCK STUDIES 2 REQUIREMENTS

Code	Title	Hours
The Rock		
SUBJ 139	Foundations of Academic Discovery ¹	3
ENGL 102	Critical Writing	3
ENGL 104	Critical Reading	3
STAT 152	Elementary Statistics I	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Subtotal		15
Integrated Inquiry		
<i>Creative and Aesthetic Inquiry</i>		

Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)	3	
<i>Humanities Inquiry</i>		
Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)	3	
<i>Social Science Inquiry</i>		
Select 3 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/)	3	
<i>Natural Sciences Inquiry</i>		
BIOL 209	4	
<i>Physical Science Inquiry</i>		
PHYS 201	Elements of Physics I with Lab	4
Subtotal	17	
Thematic Thread		
Must choose a Thematic Thread with at least 2 AT Prerequisite classes including PSYC 105		
Select 12 Credits (https://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/) ^{2,3}	12	
Total Hours	44	

- ¹ Course offered in multiple subjects; cannot take course in first major subject
- ² One course from each category; six credits must be 300-level or above; no more than 4 credits from one subject area; specific courses required in first major, regardless of prefix of course, cannot be used to satisfy thread requirements; any course with same prefix as first major cannot be used to satisfy thread requirements, even if it is not a course in the first major.
- ³ Additional Athletic Training prerequisite courses may be fulfilled in a Thematic Thread.

Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

Code	Title	Hours
Complete one of the following:		0-3
Meet required minimum SAT or ACT math score OR		
ESAP 110	Beginning Algebra	
Total Hours		0-3

Computer Competency

Code	Title	Hours
Demonstrate "computer competency" by one of the following:		0-3
Pass Computer Competency Exam OR		
Select one of the following at SRU or another post-secondary institution:		
CPSC 100	Introduction to Computing for Liberal Arts	
CPSC 110	Computer Concepts	
CPSC 130	Introduction to Computing and Programming	
PE 202	Technology for Wellness	
Total Hours		0-3

DIVERSITY, EQUITY, AND INCLUSION REQUIREMENT

Students must take and pass a course with the Diversity, Equity, and Inclusion (DEI) designation prior to graduation. Students can meet this requirement by taking any DEI - designated course in any program at any time during their undergraduate career.

MAJOR REQUIREMENTS

- If you choose to pursue Pre-Athletic Training SRU 3+2 Health and Physical Education - Physical Activity & Fitness Management and are not accepted into the AT program, then additional coursework is required to complete a first major of Health and Physical Education - Physical Activity & Fitness Management. Please refer to the Curriculum Guide.

Code	Title	Hours
PAFM Required Core Courses		
Must earn a "C" or better in the following courses		
PE 131	Foundations of Leadership in Physical Activity ¹	3
PE 202	Technology for Wellness ¹	3
PE 231	Strategies for Teaching Physical Activity ¹	3
PE 331	Evidence-Based Physical Activity ¹	3
PE 332	Administration and Management of Physical Activity ¹	3
PE 473	Professionalism, Advocacy and Leadership in Physical Activity ¹	3
Subtotal		18
Required Fitness/Health Courses		
Must earn a "C" or better in the following courses		
PE 242	Physical Health and Fitness Education ¹	3
PE 268	Contemporary Topics in Health ¹	3
PE 335	Science of the Mind-Body Connection ¹	3
BIOL 309		4
Subtotal		13
Required Coursework for PAFM Pre-Athletic Training 3+2 majors		
<i>Coaching Education:</i>		
Must earn a "C" or better in the following courses		
PE 237	Emergency Medical Response ¹	3
PE 270	Psychological and Sociological Bases of Sport ¹	3
PE 306	Conditioning for Athletic Performance ¹	3
PE 369	Philosophy and Psychology of Coaching ¹	3
Subtotal		12
<i>Fitness</i>		
Must earn a "C" or better in the following courses		
PE 238	Applied Principles of Exercise ¹	3
PE 364	Biomechanics of Individuals with Disabilities	3
PE 378	Teaching and Leading of Strength and Resistance Training	3
PE 393	Nutrition for Physical Activity, Exercise, and Health	3
Subtotal		12
Total Hours		55

¹ Course counts for 50% of Major requirements and Major GPA

² Course counts for 50% of Major requirements

* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

ADDITIONAL ATHLETIC TRAINING PREREQUISITE COURSES

Code	Title	Hours
BIOL 110	The Human Body: Fundamentals of Structure and Physiology	3-4
or BIOL 114	Biology II: Foundations of Molecules, Genes and Cells with Lab	
CHEM 104	Introduction Chemistry I	3
or CHEM 107	General Chemistry I	
EXSC 250	Medical Terminology	3
or HCAM 250	Medical Terminology for Healthcare Administrators	
PSYC 105	Introduction to Psychology	3

Athletic Training Graduate Program (Master of Science in Athletic Training) Prerequisite Admission Requirements – Pre-Athletic Training SRU 3+2

For Application Requirements:

Please refer to Slippery Rock University's Athletic Training Graduate Program. (Master of Science in Athletic Training) website for requirements: www.sru.edu/AT (<http://www.sru.edu/AT/>)

Code	Title	Hours
Pre-Requisite Courses - SRU Athletic Training Graduate Program:		
EXSC 201	Exercise Physiology with Lab	3
or PE 238	Applied Principles of Exercise	
EXSC 202	Biomechanics with Lab	3
or PE 364	Biomechanics of Individuals with Disabilities	
EXSC 250	Medical Terminology	3
or HCAM 250	Medical Terminology for Healthcare Administrators	
EXSC 424	Nutrition and Exercise	3
or PE 393	Nutrition for Physical Activity, Exercise, and Health	
BIOL 110	The Human Body: Fundamentals of Structure and Physiology	3
or BIOL 114	Biology II: Foundations of Molecules, Genes and Cells with Lab	
BIOL 209		4
BIOL 309		4
CHEM 104	Introduction Chemistry I	3
or CHEM 107	General Chemistry I	
PHYS 201	Elements of Physics I with Lab	4
PSYC 105	Introduction to Psychology	3
STAT 152	Elementary Statistics I	3

Requirements for Pre-Athletic Training SRU 3+2:

If any of these requirements are not met, the 3+2 designation will be removed from the student's record:

1. A 3.0 or higher overall GPA must be maintained by the student.
2. The student can only be enrolled in the Pre-Athletic Training SRU 3+2 program for a maximum of three (3) years, full-time continuous enrollment (fall/spring).

Provision:

Should a Pre-Athletic Training SRU 3+2 student be unsuccessful in completing the 1st three semesters (summer or fall or spring terms) of the Athletic Training Graduate Program and want to complete the original undergraduate degree, it is solely up to the discretion of the undergraduate program Department Chair to determine which, if any, graduate level AT courses will count toward the completion of his/her undergraduate degree. In addition, students must complete any unfulfilled requirements of their undergraduate major. Students may still apply to the AT program with an earned Bachelor's degree.

Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

HEALTH & PHYSICAL EDUCATION - PAFM BS (6149/PAFM)
PRE-AT SRU 3+2 (11AT)
This program is effective as of Summer 2022
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