

LIVING WELL, CERTIFICATE

To access Certificate Requirements, please view the Curriculum Guide tab.

The Living Well certificate will provide the opportunity for students at Slippery Rock University to gain knowledge in how and why to live a healthy and active life. The importance of individuals engaging in healthy lifestyles along with the consequences of those who do not has been documented in the past five years. Students will understand the impact these consequences at both individual and societal levels.

Related Links

Living Well, Certificate Program Page (<https://www.sru.edu/academics/certificates/living-well-certificate/>)

Physical and Health Education Department Page (<https://www.sru.edu/academics/colleges-and-departments/coe/departments/physical-and-health-education/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)