

# HEALTH AND PHYSICAL EDUCATION, BACHELOR OF SCIENCE IN EDUCATION (BSED) - CONCENTRATION IN SCHOOL WELLNESS EDUCATION

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Slippery Rock University's Health and Physical Teacher Education program prepares you to help students maintain healthy lifestyles both at school and outside the classroom. Do you want to inspire young people to learn healthy habits that decrease their chances of long-term health problems? Are you passionate about motivating children to start lifelong behaviors that lead them to healthy futures? Look no further than SRU's School Wellness Education concentration.

Majors in this program are awarded a Bachelor's in Education with a major in Health and Physical Education and a concentration in School Wellness. An educator with this degree can make all the difference in students' lives, as today's K-12 children are spending less time outside and are living increasingly sedentary lifestyles.

All candidates completing this program and student teaching are eligible to receive Pennsylvania certification after achieving a passing or qualifying score on Pennsylvania Department of Education required exam(s). If you are interested in teaching in another state, please contact the Department of Education in that state.

## Program Learning Outcomes

- **Excellent Teaching:** Develop teachers who educate and empower individuals to lead active healthy lifestyles.
- **Physical Health and Wellness:** Develop teachers who prepare individuals for an active lifestyle through purposeful movement and healthy nutrition.
- **Social, Emotional and Cognitive Wellness:** Develop teachers who prepare individuals with strategies to improve cognition, manage stress and positively interact with others.
- **School to Community Health and Wellness:** Prepare teachers to coordinate and lead comprehensive wellness programs that promote health literacy and physical activity.
- **Professional Advocate and Leader:** Develop professionals who model and value health and advocate for quality health and wellness in schools and communities.

## Related Links

Health and Physical Education - School Wellness Education, BSED Program Page (<https://www.sru.edu/academics/majors-and-minors/health-and-physical-teacher-education-school-wellness-education/>)

School Wellness Education Fact Sheet URL (<https://www.sru.edu/documents/programs/factsheets/undergraduate/phe-fs.pdf>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensure/>)