

# SUCCESS COACHING

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## Success Coaches

**Associate Director for Academic Success Design; Success Coach**

Emily McClaine

**Assistant Director for Academic Success; Success**

Julie Ferring

**Success and Career Coach**

Grace Bennett

Success Coaching empowers students in their college transitions, goal setting, time management, academic habits, effective learning strategies, academic motivation, exam preparation, campus connections, and academic progress. Coaches work with students in one-on-one sessions and group workshops. Each session is individualized based on the student's needs and goals. While some students meet with a coach once, or periodically, other students may choose to meet with a coach semi-regularly in order to develop the skills they need to reach their goals. Coaching helps students to cultivate deep learning practices and use resources that will help them thrive. All students at SRU are welcome to meet with a success coach, and can do so by emailing [success.coach@sru.edu](mailto:success.coach@sru.edu). The Success Coaching Program also oversees Peer Academic Coaching, which offers weekly one-on-one coaching on fundamental academic skills with an undergraduate Peer Academic Coach. The Success Coaching Website (<https://www.sru.edu/academics/academic-services/student-success-coaches/>) provides more details about services and staff.