

CAMPUS RECREATION

Campus Recreation facilities include the Aebersold Student Recreation Center (ARC), McFarland Outdoor Recreation Complex (MAC), Ski Lodge, Disc Golf Course, Campground, High Rope and Low Rope Courses. The ARC has a fitness center, 5 gymnasiums, indoor track, indoor climbing wall, swimming pool, group fitness studios, and pool patio. The MAC has 4 multi-purpose fields, 2 softball fields, and exterior lightning. The ski lodge has seating for 100 people and inside and outside fire pits. The campground has 5 sites with picnic tables and fire rings. These facilities are used for informal recreation and structured programming. Some of the major programs offered are personal training, group fitness, outdoor adventures, aquatics, intramurals, sport clubs, and REACH programming (high rope and low rope elements). For more information, please visit the Campus Recreation Website (<https://www.sru.edu/life-at-sru/health-and-wellness/campus-recreation/>).