

LIFELONG WELLNESS THROUGH INNOVATIVE LEADERSHIP, MASTER OF SCIENCE (MS) - CONCENTRATION IN COACHING AND OFFICIATING

PROGRAM LEARNING OUTCOMES

- **Communication and Technology:** Graduates will demonstrate effective oral, written, and digital communication skills to interact with athletes, coaches, officials, and stakeholders using appropriate technology. (GSLO 1,10)
- **Professional Proficiency:** Graduates will apply advanced knowledge of coaching and officiating principles, rules, and best practices to enhance performance, safety, and fairness in sport (GSLO 2,3,5)
- **Critical Thinking and Problem Solving:** Graduates will evaluate complex, real-world situations in sport contexts and apply ethical, evidence-based decision-making to resolve challenges. (GSLO 2,8)
- **Advocacy:** Graduates will promote equity, inclusion, and athlete/official well-being in coaching and officiating contexts, serving as advocates for positive sport culture. (GSLO 5,8,9)
- **Leadership:** Graduates will demonstrate the ability to lead, mentor, and inspire others by modeling professionalism, accountability, and resilience in sport environments. (GSLO 5,8,9)

Related Links

Lifelong Wellness Through Innovative Leadership, Master of Science (MS) Program Page (<https://www.sru.edu/academics/colleges-and-departments/coe/departments/physical-and-health-education/graduate-programs/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)

CURRICULUM GUIDE

- Overall/Major GPA: 3.00 or higher

Code	Title	Hours
Required Courses		
PHED 685	Fundraising and Grant Writing	3
PHED 740	Application of Research for Physical Activity and Wellbeing	3
PHED 745	Leadership Training in Physical Activity and Well-Being	3
PHED 750	Internship ¹	6
Subtotal		15
Concentration - Coaching and Officiating Requirements		
PHED 610	Long-Term Training for Sport Performance	3
PHED 611	Advanced Coaching Principles and Practices	3
PHED 612	Advanced Sport Psychology for Coaching and Officiating	3

PHED 613	Sports Officiating: Philosophy, Ethics, and Leadership	3
Graduate Elective		3
Subtotal		15
Total Hours		30

¹ Optionally students may select two elective courses in consultation with academic adviser.

Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

Major in Lifelong Wellness Through Innovative Leadership - (9LWO)
 Concentration in Coaching and Officiating - (COOF)
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