

RECREATION THERAPY (RCTH)

RCTH 590 - Experimental

A unique and specifically focused course within the general purview of a department which intends to offer it on a "one time only" basis and not as a permanent part of the department's curriculum.

Credits: 1-3

Term(s) Typically Offered: Offered as Needed

Enrollment limited to students with a semester level of Graduate.

RCTH 595 - Workshop

A workshop is a program which is usually of short duration, narrow in scope, often non-traditional in content and format, and on a timely topic.

Credits: 1-6

Term(s) Typically Offered: Offered as Needed

Enrollment is limited to Graduate level students.

RCTH 598 - Selected Topics

A Selected Topics course is a normal, departmental offering which is directly related to the discipline, but because of its specialized nature, may not be able to be offered on a yearly basis by the department.

Credits: 1-3

Term(s) Typically Offered: Offered as Needed

Enrollment is limited to Graduate level students.

RCTH 610 - Applied Research and Theory

This course equips students to be able to read and apply clinical research to recreational therapy practice. The course summarizes various methodologies and theoretical constructs that students need to effectively read, Interpret, analyze, and synthesize research. In becoming better consumers of clinical research, students will learn how to categorize research based on quality indicators.

Credits: 3

Term(s) Typically Offered: Offered as Needed

Enrollment is limited to students with a program in Recreational Therapy, Recreational Therapy or Animal-Assisted Interventions.

Enrollment is limited to Graduate level students.

Enrollment limited to students in a Master of Science degree.

Enrollment limited to students in the College of Health Professions college.

RCTH 612 - Settings of Service for Emerging Populations

This course engages students in study and discussion of service settings for emerging populations that are prospective recipients of Recreational Therapy (RT) services. It provides opportunities to apply past learning related to Standards of Practice to various service settings, to determine differences and similarities that may impact the way service is provided. Students will learn about scope of practice, coverage and reimbursement, risk management and the manner of implementing all phases of the Assessment, Planning, Implementation, Evaluation, and Documentation (APIED) process in several emerging service settings. Students will also explore private practice and waiver program options.

Credits: 3

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Enrollment limited to students in a Master of Science degree.

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RCTH 615 - Advanced Professionalism and Advocacy

This course engages students in study and discussion of current trends in Recreational Therapy (RT) service provision. It provides opportunities for advocacy on behalf of RT professionals and stakeholders. Students will learn methods of advocacy and apply these new skills in interactions with inter-professional teams, government officials, public and/or private healthcare agencies, and other government-run entities. Students will discover the impacts of societal, political and governmental intervention on the practice of Recreational Therapy and in the lives of prospective constituencies. Through a variety of learning activities, students will learn to apply knowledge to effectively address challenges and trends in Recreational Therapy.

Credits: 3

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Enrollment limited to students in a Master of Science degree.

Enrollment limited to students in the College of Health Professions college.

RCTH 620 - Assessment and Program Evaluation

In this course, students will gain advanced practice skills in methods for designing and evaluating assessment tools for quality recreational therapy in diverse settings. Students will gain advanced skills in interdisciplinary client assessment and current methods of program evaluation. The course will focus on integrating appropriate assessment tools into the outcomes evaluation process of settings that serve individuals throughout the lifespan in physical medicine/rehabilitation, behavioral health, community-based, and long-term care.

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RCTH 623 - Advanced Facilitation Techniques

This course will take students to the next level in terms of their ability to facilitate interventions with some expertise. Students will gain a deeper understanding of various theories of counseling, the psychological concepts of self-efficacy, locus of control, optimal experience (flow), and attribution. The course will offer opportunities for practicing and applying skills related to the counseling theories and concepts, as well as various facilitation techniques.

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RCTH 625 - Advanced Recreational Therapy Clinician for Older Adults

In this course, students will gain advanced practice skills in recreational therapy for older adults with diverse needs to include assessment, program design, and evaluation for all levels of long term care and community practice. A focus on both chronic disease and geriatric syndromes will allow students to apply current theory and research in geriatrics and gerontology for evidence-based practice in the older adult continuum of care.

Credits: 3

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RCTH 630 - Clinical Supervision and Leadership

This course introduces students to leadership theories and clinical supervisory models that are applicable to various Recreational Therapy settings. Students will apply theories and practices to real life scenarios and learn how to implement these practices in their individual settings by practicing clinical supervision. Course content will include cross-cultural clinical supervision, ethics in clinical supervision, models of clinical supervision, clinical supervision practices in related healthcare fields, and clinical supervision research and leadership theories that are applicable to the field of Recreational Therapy.

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RCTH 640 - Advanced Recreational Therapy Clinician for Veterans and Active Military

In this course, students will gain advanced practice skills in recreational therapy for veterans and active military to include assessment, program design, and evaluation in Veterans Affairs. This class will integrate knowledge and skills based on evidence-based practice with specific interventions such as adaptive sports, animal-assisted interventions, creative art therapies, and PTSD treatment specific to all ages of veterans.

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RCTH 645 - Recreational Therapy for Need-Driven Behaviors in Dementia

In this course, students will gain advanced skills in recreational therapy for need-driven behaviors in dementia. A focus on current approaches for distress reactions and behavioral manifestations of need will allow students to apply current theory and research on recreational therapy specifically for care of people with dementia. The course will cover need-driven model, validation theory, trauma-informed care, and person-centered care.

Credits: 3

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RCTH 650 - Recreational Therapy Capstone

The intent of the RT Capstone course is for graduate students to engage in a project that represents new work/ideas and demonstrates the students' knowledge, skills and abilities related to RT practice. The capstone project will require that students demonstrate outcomes of learning from each of the master-level core classes. The project will also require a practical application and incorporation of an evidence-based process. This course will be completed in the final semester of the graduate program.

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RCTH 690 - Experimental

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RCTH 695 - Workshop

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Credits: 1-6

Term(s) Typically Offered: Offered as Needed

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RCTH 698 - Selected Topics

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RCTH 700 - Independent Study

Independent Study courses give students the opportunity to pursue research and/or studies that are not part of the university's traditional course offerings. Students work one on one or in small groups with faculty guidance and are typically required to submit a final paper or project as determined by the supervising professor.

Credits: 1-3

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RCTH 790 - Experimental

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Credits: 1-3

Term(s) Typically Offered: Offered as Needed

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RCTH 795 - Workshop

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Credits: 1-6

Term(s) Typically Offered: Offered as Needed

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RCTH 798 - Selected Topics

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