

HUMAN DIVERSITY AND WELL-BEING

This thread explores the importance of choices, decisions or activities that humans make which enhance our physical or emotional, mental well-being. Courses will explore the political, social, psychological, or biological identities that emerge, express themselves, and change in diverse settings. Across a range of disciplines, students will have opportunities to assess the past, present or future mental, social, economic, cultural or political challenges to individual and group identities.

Thread Outcomes:

- Students will be able to analyze connections between human diversity and well-being. (UG 02)
- Students will engage in integrative learning across the curriculum and co-curriculum, making simple connections among ideas and experiences to synthesizing and transferring learning to new, complex situations within and beyond the campus. (UG 05)
- Students will engage in applied learning across the curriculum and co-curriculum, making simple connections among ideas and experiences to synthesizing and transferring learning to new, complex situations within and beyond the campus. (UG 02)

CURRICULUM GUIDE

Select 12 credits including six credits at 300-level or above

Code	Title	Hours
Select four of the following:		12
ARAB 101	Arabic Language and Culture I	
ARAB 102	Arabic Language and Culture II	
ARAB 103	Arabic Language and Culture III	
ARAB 215	Topics in Arabic Culture	
ART 105-114	Basic Studio ³	
ART 205-214	Basic Studio ⁴	
BIOL 110	The Human Body: Fundamentals of Structure and Physiology	
BIOL 300	Social and Ethical Issues in Genetics	
COMM 110	Communication Concepts	
COMM 217	Intercultural Communication	
CRIM 302	Sexual Violence	
CRIM 326	Victimology	
CRIM 380	Women & the Criminal Justice System	
DANC 125	Experiencing Dance: Techniques and Styles	
DANC 223	Creative Dance for Children	
DANC 305	Society and Social Dance	
ECON 202	Principles of Microeconomics	
EGEO 100	Environmental Geology	
EGEO 368	Women in Science	
ENGL 214	Introduction to Film Analysis	
ENGL 242	African-American Literature	
ENGL 244	Native American Literature	
ENGL 248	Asian Literature	
ENGL 314	European Film	

ENGL 316	Asian Film
ENGL 327	Healthcare Writing
ENGL 328	Young Adult Literature
ENGL 429	Grant and Proposal Writing
EXSC 230	Stress Management
EXSC 250	Medical Terminology
EXSC 304	Current Issues in Esports Health and Society
FREN 101	French Language and Culture I
FREN 102	French Language and Culture II
FREN 103	French Language and Culture III
FREN 215	Topics in French and Francophone Culture
FREN 306	France and Francophone Identities Today
GERO 265	Aging and the Older Person
GERO 425	Women and Aging
GES 303	Asia
GES 344	Environmental Justice
GES 361	Gender and the Environment
GNDR 115	Introduction to Gender Studies
GNDR 415	Feminist Perspectives in the Disciplines
HCAM 375	Ethics & Legal Fundamentals for the Health Professions
HEMT 210	Contemporary Travel and Tourism
HIST 152	Early Modern to Contemporary World
HIST 202	US Civil War Era to Present
HIST 313	U.S. Manhood and Masculinities
HIST 318	Gender and Sexuality in European Society
HIST 323	African American History to 1876
HIST 324	African American History Since 1876
HIST 326	The Long Civil Rights Movement
HIST 337	Native American History
HIST 364	History of Medicine
HIST 404	Violence in Post-45 Europe
HIST 445	Americans and the Environment
HLTH 101	Personal Health
HLTH 311	International Health
INDP 103	Contemporary Social Problems
INDP 202	Introduction to Anthropology
INDP 211	Biological Anthropology
INDP 212	Archaeology/World Prehistory
INDP 226	Population and Society
INDP 309	Health and Society
INDP 310	Cultural Area Studies
INDP 322	Archaeology of the Americas
INDP 324	The Family
INDP 326	Society, Culture and Self
INDP 340	Social Inequality
INDP 342	Sociology of Aging
JAPN 101	Japanese Language and Culture I
JAPN 102	Japanese Language and Culture II
JAPN 103	Japanese Language and Culture III
JAPN 215	Topics in Japanese Culture

LEAD 215	Introduction to Consciousness
LEAD 344	Left and Right Brain: From Neuron to Culture
LEAD 350	Multicultural Leadership
LEAD 352	Self Leadership
MS 100	The American Military Experience
MUSI 1XX/2XX	Music Ensembles ¹
MUSI 3XX/4XX	Music Ensembles ²
MUSI 111	Introduction to Music Education
MUSI 301	Women and Music
NLPA 120	Civic Engagement and Community Decision-Making
PCRM 342	Group Facilitation and Leadership
PE 115	Yoga and Well-Being
PE 241	Outdoor Pursuits
PE 335	Science of the Mind-Body Connection
PHIL 101	Introduction to Philosophy
PHIL 113	Formal Logic
PHIL 123	Ethics
PHIL 171	Philosophy of Human Existence
PHIL 325	Medical/Health Care Ethics
PHIL 335	Philosophy of Law and Justice
PHIL 336	Philosophy of Gender and Sex
PHIL 341	Philosophy of Religion
PHIL 362	Philosophy of Mind
POLS 255	Introduction to Public Policy
POLS 263	Introduction to Comparative Politics
POLS 301	Organized Political Action
POLS 327	Public Opinion and Political Attitudes
POLS 351	Politics of Race
POLS 359	Policy Analysis and Evaluation
POLS 369	Politics of Developing Areas
POLS 375	Women and Politics
PSYC 105	Introduction to Psychology
PSYC 244	Developmental Psychology
PSYC 300	Psychology of Women, Gender and Culture
PSYC 315	Psychology of Sexual and Gender Diversity
PSYC 321	Drugs and Behavior
PSYC 334	Health Psychology
RCTH 120	Disability, Community Inclusion, and Diversity
SEFE 280	Cultural Minorities in Education
SOWK 105	Human Diversity
SPAN 101	Spanish Language & Culture I
SPAN 102	Spanish Language & Culture II
SPAN 103	Spanish Language & Culture III
SPAN 110	Spanish for Educators
SPAN 121	Spanish for Health Professionals
SPAN 131	Spanish for the Business World
SPAN 215	Topics in Hispanic Culture
STAT 152	Elementary Statistics I

¹ Select one ensemble 100/200 level: MUSI 109, MUSI 113, MUSI 114, MUSI 115, MUSI 116, MUSI 117, MUSI 118, MUSI 119, MUSI 120, MUSI 121, MUSI 122, MUSI 123, MUSI 124, MUSI 125, MUSI 126, MUSI 192, MUSI 193, MUSI 194, MUSI 196, MUSI 209, MUSI 213, MUSI 214, MUSI 215, MUSI 216, MUSI 217, MUSI 218, MUSI 219, MUSI 220, MUSI 221, MUSI 222, MUSI 223, MUSI 224, MUSI 225, MUSI 226, MUSI 233, MUSI 237, MUSI 292, MUSI 293, MUSI 294, MUSI 296

² Select one ensemble 300/400 level:

MUSI 309, MUSI 313, MUSI 314, MUSI 315, MUSI 316, MUSI 317, MUSI 318, MUSI 323, MUSI 324, MUSI 325, MUSI 326, MUSI 392, MUSI 393, MUSI 394, MUSI 416, MUSI 417, MUSI 418, MUSI 419, MUSI 420, MUSI 421, MUSI 422, MUSI 437, MUSI 492, MUSI 493, MUSI 494, MUSI 496

³ Select one from: ART 105, ART 106, ART 107, ART 108, ART 109, ART 110, ART 111, ART 112, ART 113, ART 114

⁴ Select one from:

ART 205, ART 206, ART 207, ART 208, ART 209, ART 210, ART 211, ART 212, ART 213

* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

Human Diversity and Well-Being Thematic Thread (HDWB)

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