

PSYCHOLOGY, BACHELOR OF SCIENCE (BS) - 3+3 PRE-COUNSELING - ROCK STUDIES

The Psychology program offers a Pre-Counseling 3+3 option for students interested in a career in Mental Health Counseling. Undergraduate students work with their academic adviser to complete courses needed to fulfill the requirements for both a Bachelor of Science degree and the entrance requirements for either of two Master of Arts programs: Clinical Mental Health Counseling or Student Affairs in Higher Education with College Counseling. Graduate study in both of these programs prepares students for licensure as a Professional Counselor. The Psychology program prepares students for graduate study by providing a strong basis in the biopsychosocial processes of human functioning. The first year of the Master of Arts program meets the requirements for the fourth year of the Bachelor of Science degree.

Students are required to maintain minimum Overall and Psychology GPAs of 3.0 in order to retain the major in Psychology. Students are required to earn a grade of C or higher in Introduction to Psychology (PSYC 105) in order to take all other Psychology courses. Students are required to earn a grade of C or higher in Psychological Science I: Research Methods (PSYC 231) or Introduction to Experimental Psychology/Lab (PSYC 325/PSYC 326), and a grade of C or higher in Psychological Science II: Statistical Applications (PSYC 232) or Introduction to Behavioral Statistics (PSYC 221) in order to progress in the program. Each course can only be repeated once.

Psychology (BS) - 3+3 Pre-Counseling

3+3 Pre-Counseling program requirements:

- Students are required to maintain minimum Overall and Psychology GPAs of 3.0 in order to retain the major in Psychology. Students are required to earn a grade of C or higher in Introduction to Psychology (PSYC 105) in order to take all other Psychology courses. Students are required to earn a grade of C or higher in Introduction to Behavioral Statistics (PSYC 221) and Introduction to Experimental Psychology/Lab (PSYC 325/PSYC 326) in order to progress in the program. Each course can only be repeated once.

Program Learning Outcomes

- **Theory and Content of Psychology:** Students should be familiar with the major theoretical approaches, findings, and historical trends in psychology.
- **Methodology:** Students should understand and be able to use major research methods in psychology, including design, data analysis, and interpretation.
- **Critical Thinking, Logic, and Problem-Solving:** Students should use and respect skeptical inquiry, critical thinking, and the scientific approach to understanding behavior.
- **Information Competence, Technology, and Computers:** Students should demonstrate information competence and the ability to use computers and other technology for multiple purposes.
- **Communication Skills:** Students should be able to express themselves effectively in written and oral communication.

- **Application of Psychology:** Students should have an understanding of applications of psychology to personal, social, and organizational issues.

Related Links

Psychology - Pre-Counseling, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/psychology-pre-counseling-33/>)

Psychology Department Page (<https://www.sru.edu/academics/colleges-and-departments/ches/departments/psychology/>)

Professional Licensure/Certification Page (<http://www.sru.edu/Documents/offices/PRMA/PLC.pdf>)

If you are a Liberal Studies student, please click here (<http://catalog.sru.edu/undergraduate/health-engineering-sciences/psychology/psychology-bs-pre-counseling-liberal/#curriculumguidetext>) for your Curriculum Guide.

Curriculum Guide

GPA Requirement

Major GPA: 3.0 or higher

Overall GPA: 3.0 or higher

Summary*

| Code | Title | Hours |
|------|---------------------------|-------|
| | Rock Studies Requirements | 42 |
| | Other Basic Requirements | 0-3 |
| | Computer Competency | 0-3 |
| | Major Requirements | 42-44 |
| | Electives | 36 |

* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate. However, because this is a pre-professional program, credits taken during the 1st year of the graduate program are applied toward the undergraduate credit hours to meet the 120 credits required for your undergraduate degree.

Rock Studies Requirements

| Code | Title | Hours |
|--|------------------------------------|-------|
| The Rock | | |
| SUBJ 139 | University Seminar ¹ | 3 |
| ENGL 102 | Critical Writing | 3 |
| ENGL 104 | Critical Reading | 3 |
| STAT 152 | Elementary Statistics I | 3 |
| Select one of the following: | | |
| COMM 200 | Civil Discourse: Theory & Practice | 3 |
| PHIL 110 | Ethics and Civil Discourse | 3 |
| POLS 235 | Civil Discourse and Democracy | 3 |
| Subtotal | | 15 |
| Integrated Inquiry | | |
| <i>Creative and Aesthetic Inquiry</i> | | |
| Select 3 Credits (http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/) | | 3 |
| <i>Humanities Inquiry</i> | | |

| | |
|--|----|
| Select 3 Credits (http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/) | 3 |
| <i>Social Science Inquiry</i> | |
| Select 3 Credits (http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/) | 3 |
| <i>Natural Sciences Inquiry</i> | |
| SCI 101 Science of Life | 3 |
| <i>Physical Science Inquiry</i> | |
| SCI 102 Understanding the Physical World | 3 |
| Subtotal | 15 |
| Thematic Thread | |
| Select 12 Credits (http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/) ² | 12 |
| Total Hours | 42 |

¹ Course offered in multiple subjects; cannot take course in first major subject.

² From at least 3 categories; no more than 6 credits from one department; 6 credits must be 300-level or above.

Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

| Code | Title | Hours |
|--|-------------------|-------|
| Complete one of the following: | | 0-3 |
| Meet required minimum SAT or ACT math score OR | | |
| ACSD 110 | Beginning Algebra | |
| Total Hours | | 0-3 |

Computer Competency

| Code | Title | Hours |
|---|--|-------|
| Demonstrate "computer competency" by one of the following: | | 0-3 |
| Pass Computer Competency Exam OR | | |
| Select one of the following at SRU or another post-secondary institution: | | |
| CPSC 100 | Introduction to Computing for Liberal Arts | |
| CPSC 110 | Computer Concepts | |
| CPSC 130 | Introduction to Computing and Programming | |
| PE 202 | Technology for Wellness | |
| Total Hours | | 0-3 |

Major Requirements

- 21 major credits must be taken at SRU or PASSHE
- 21 major credits must be taken at the 300 level or above
- Overall, 48 credit hours must be completed at the 300 or 400 level
- Students who do not meet minimum standards will be dismissed from the program. All dismissals are permanent.

| Code | Title | Hours |
|--|----------------------------|-------|
| Required Courses (Grade of 'C' or higher required) ¹ | | |
| Required Courses may only be repeated once. | | |
| PSYC 105 | Introduction to Psychology | 3 |

| | | |
|--|--|----------------------------------|
| PSYC 231 | Psychological Science I: Research Methods | 3 |
| PSYC 232 | Psychological Science II: Statistical Applications | 3 |
| PSYC 244 | Developmental Psychology | 3 |
| PSYC 276 | Introduction to Abnormal Psychology ² | 3 |
| PSYC 375 | Psychopathology of Adulthood | 3 |
| Subtotal | | 18 |
| Applied Psychology Electives ¹ | | |
| Select two of the following: | | 6 |
| PSYC 208 | Personality | |
| PSYC 304 | Theories of Counseling | |
| PSYC 306 | Introduction to Psychological Testing | |
| PSYC 318 | Psychopathology of Childhood and Adolescence | |
| PSYC 320 | Introduction to Clinical Psychology | |
| PSYC 475 | Behavior Modification | |
| Subtotal | | 6 |
| Biobehavioral Elective ¹ | | |
| Select two of the following: | | 6-8 |
| PSYC 233 | Sensation & Perception | |
| PSYC 289 | Positive Psychology | |
| PSYC 303 | Learning | |
| PSYC 311 | Introduction to Behavioral Neuroscience | |
| PSYC 321 | Drugs and Behavior | |
| PSYC 334 | Health Psychology | |
| PSYC 338 | Cognitive Psychology | |
| PSYC 471 | Psychopharmacology | |
| PSYC 473 | Hormones and Behavior | |
| PSYC 476 | Clinical Neuroscience | |
| Subtotal | | 6-8 |
| Developmental Psychology Electives ¹ | | |
| Select two of the following: | | 6 |
| PSYC 364 | Child and Adolescent Development | |
| PSYC 365 | Psychology of Aging | |
| PSYC 415 | Multicultural Identity Development | |
| PSYC 428 | Social and Emotional Development Across the Lifespan | |
| PSYC 445 | Infant and Child Cognition | |
| PSYC 477 | Developmental Neuroscience | |
| Subtotal | | 6 |
| Diversity Elective ¹ | | |
| Select one of the following: | | 3 |
| PSYC 240 | Human Sexual Behavior | |
| PSYC 300 | Psychology of Women, Gender and Culture | |
| PSYC 315 | Psychology of Sexual and Gender Diversity | |
| PSYC 392 | Cross Cultural Psychology | |
| Subtotal | | 3 |
| Required Professional Competency | | |
| PSYC 420 | Community Service Practicum in Psychology | 3 |
| | or PSYC 430 | Research Practicum in Psychology |
| Total Hours | | 43-45 |

- ¹ Courses count for 50% of Major requirements and Major GPA
 * Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

Electives

| Code | Title | Hours |
|----------|--|-------|
| PSYC 350 | Contemporary Topics in Psychological Science (Course may be repeated for a total of 2 credits) | 1 |

Writing Competency Requirements

| Code | Title | Hours |
|--------------------------|-------|-------|
| Writing in Psychology #1 | | |
| Writing in Psychology #2 | | |
| Writing in Psychology #3 | | |

Co-curricular and Experiential Learning

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. International Study Programs
2. High-Impact Practice (HIP) designated classes
3. Student-faculty research
4. Student leadership (Psi Chi, Psychology Club, Reflections Body Image Organization, Nu Rho Psi, Neuro Rocks)
5. Service-learning classes
6. Career education planning (Office of Career Education and Development)
7. Internships
8. Volunteering in local human services and mental health agencies
9. Job shadowing Volunteering

Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

PSYCHOLOGY - BS (6170)
 Pre-Counseling 3+3 (617C)
 This program is effective as of Fall 2019.
 Revised 09.15.20
 UCC 02.18.20

Recommended Rock Studies Three-Year Plan

| Course | Title | Hours |
|--------------------|--|-------|
| First Year | | |
| Fall | | |
| PSYC 105 | Introduction to Psychology | 3 |
| ENGL 102 | Critical Writing | 3 |
| STAT 152 | Elementary Statistics I | 3 |
| | Creative and Aesthetic Inquiry Course | 3 |
| SUBJ 139 | University Seminar ¹ | 3 |
| LIBR 110 | Introduction to Library & Information Resources | 1 |
| INDS 101 | FIRST Seminar * | 1 |
| | Hours | 17 |
| Spring | | |
| PSYC 231 | Psychological Science I: Research Methods | 3 |
| PSYC 276 | Introduction to Abnormal Psychology | 3 |
| ENGL 104 | Critical Reading | 3 |
| SCI 101 | Science of Life | 3 |
| | Humanities Inquiry Course | 3 |
| | Free Elective | 3 |
| | Hours | 18 |
| Second Year | | |
| Fall | | |
| PSYC 232 | Psychological Science II: Statistical Applications | 3 |
| PSYC 244 | Developmental Psychology | 3 |
| | PSYC Elective #1 | 3 |
| | Civil Discourse Requirement - select one | 3 |
| | COMM 200 Civil Discourse: Theory & Practice | |
| | PHIL 110 Ethics and Civil Discourse | |
| | POLS 235 Civil Discourse and Democracy | |
| SCI 102 | Understanding the Physical World | 3 |
| | Thematic Thread Requirement | 3 |
| | Declare a Thematic Thread ² | |
| | Hours | 18 |
| Spring | | |
| | PSYC Elective #2 | 3-4 |
| | PSYC Elective #3 | 3-4 |
| | PSYC Elective #4 | 3 |
| | Thematic Thread Requirement | 3 |
| | Thematic Thread Requirement | 3 |
| | Social Science Inquiry or Free Elective (if all other courses are 3 credits) | 3 |
| | Hours | 18-20 |
| Third Year | | |
| Fall | | |
| PSYC 375 | Psychopathology of Adulthood | 3 |
| | PSYC Elective #5 | 3 |
| | PSYC Elective #6 | 3 |
| | PSYC Elective #7 | 3 |
| | Thematic Thread Requirement | 3 |

| | | |
|---------------------------|---|---------|
| Free Elective (if needed) | | 3 |
| | Hours | 18 |
| Spring | | |
| PSYC 420 or PSYC 430 | Community Service Practicum in Psychology or Research Practicum in Psychology | 3 |
| Free Elective | | 3 |
| Free Elective | | 3 |
| Free Elective | | 3 |
| | Hours | 12 |
| Total Hours** | | 101-103 |

¹ Course offered in multiple subjects; cannot take course in first major subject.

² Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year. Click here (<https://forms.office.com/Pages/ResponsePage.aspx?id=ul1VhjsH90-30bc6d8W9klM7Wtmwv-VJnD6riXkdMh1UNEFHMUNH0EI5TkJOWIRHVzRCMzi3UldNTi4u>) to declare a thread.

* Students are encouraged to take INDS 101 as a Free Elective.

*** This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.*

Major Code: 6170
 Concentration Code: 617C
 Revised: 09.21.20