

# RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) - PRE-OCCUPATIONAL THERAPY 3+3 - ROCK STUDIES

## Recreational Therapy Program Learning Outcomes

- **Degree Program Writing Competency:** Upon completion of the degree program RT students will write professionally and effectively, according to expectations of the Recreational Therapy profession.
- **Life-Long Learning:** Recognize the importance of lifelong learning and demonstrates responsibly for self-assessment and growth. This ability is evident through the demonstration of self initiating behaviors, anticipating and responding to changes in a productive manner, assuming responsibility for continuous self reflection assessment of strengths and limitations and in seeking out information from a variety of resources in an independent manner.
- **Methodological Proficiency:** Upon completion of the degree program RT students will use an analytical framework to facilitate the Recreational Therapy process to meet the needs of individuals. The abilities developed include a solid knowledge of the RT process, assessment methods, planning skills, intervention, techniques and strategies, and evaluation skills.
- **Professional Decision Making:** Analyze and synthesize complex information to make sound clinical decisions. This ability is inclusive of areas such as problem solving, critical thinking, evaluation and organization with application to clinical and non clinical areas.
- **Professional Interactions:** Effectively communicates with people in a variety of professional contexts including assisting clients in confronting and coping with life challenges, collaborating on teams and presenting information in oral and written formats. The abilities developed include striving to maintain objectivity, tolerating ambiguity, appreciating diversity and adhering to conventional standards of expression.
- **Valuing Ethical Responsibilities:** Act with professional values in all situations. These skills include maintaining appropriate humane and ethical treatment of individuals as well as upholding the professional code of ethics. This expertise includes formulating value judgments reflecting a respect for dignity and individuality of every person.

## What are your options?

**Pre-Occupational Therapy SRU 3+3:** Earn a Doctor of Occupational Therapy in six years rather than seven. In the first three years, you complete your exercise science major courses and pre-requisites for the SRU OTD program. At the end of your second year, you apply for admission into the SRU OTD program. If accepted, your first year in the SRU OTD program meets the remaining requirements for your undergraduate degree. If not accepted, you continue to complete your undergraduate degree and can reapply to the program. The accelerated option is for incoming freshmen only.

**Pre-Occupational Therapy (SRU Traditional):** Complete the requirements for your exercise science major and the pre-requisites for the SRU OTD program and apply to the SRU OTD program in your senior year.

## Related Links

Recreational Therapy - Pre-Occupational Therapy, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/recreational-therapy-pre-occupational-therapy/>)

Recreational Therapy Department Page (<https://www.sru.edu/academics/colleges-and-departments/ches/departments/recreational-therapy/>)

Professional Licensure/Certification Page (<http://www.sru.edu/Documents/offices/PRMA/PLC.pdf>)

If you are a Liberal Studies student, please click here (<http://catalog.sru.edu/undergraduate/health-engineering-sciences/parks-conservation-recreational-therapy/recreational-therapy-bs-pre-occupational-therapy-liberal/#curriculumguidetext>) for your Curriculum Guide.

## Curriculum Guide

### GPA Requirement

#### 1<sup>st</sup> Major: Recreational Therapy

- Overall GPA: 2.50 or higher
- Major GPA (Includes Major Requirements): 2.5 or higher

#### 2<sup>nd</sup> Major: Pre-OT SRU 3+3 Recreational Therapy

- Overall GPA: 3.00 or higher

## Summary\*

Code	Title	Hours
	Rock Studies Requirements	42
	Other Basic Requirements	0-3
	Computer Competency	0-3
	Major Requirements	51
	NCTRC Certification Requirements	18
	Electives	26

\* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate. However, because this is a pre-professional program, credits taken during the 1<sup>st</sup> year of the graduate program are applied toward the undergraduate credit hours to meet the 120 credits required for your undergraduate degree.

## Rock Studies Requirements

Code	Title	Hours
<b>The Rock</b>		
SUBJ 139	University Seminar <sup>1</sup>	3
ENGL 102	Critical Writing	3
ENGL 104	Critical Reading	3
STAT 152	Elementary Statistics I	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	

POLS 235	Civil Discourse and Democracy	
<b>Subtotal</b>		<b>15</b>
<b>Integrated Inquiry</b>		
<i>Creative and Aesthetic Inquiry</i>		
Select 3 Credits ( <a href="http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
<i>Humanities Inquiry</i>		
PHIL 325	Medical/Health Care Ethics	3
<i>Social Science Inquiry</i>		
PSYC 105	Introduction to Psychology	3
<i>Natural and Physical Sciences Inquiry</i>		
BIOL 216	Anatomy and Physiology I with Lab	3
BIOL 217	Anatomy and Physiology II with Lab	3
<b>Subtotal</b>		<b>15</b>
<b>Thematic Thread</b>		
Credits must be from at least 3 Categories; no more than 6 credits from one department; 6 credits must be 300-level or above		
Select one of the following:		3
INDP 106	Race and Ethnic Diversity in the USA	
INDP 310	Cultural Area Studies	
INDP 321	Minority Groups	
PSYC 244	Developmental Psychology (required)	3
Additional Course		3
Additional Course		3
<b>Total Hours</b>		<b>42</b>

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

## Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

Code	Title	Hours
Complete one of the following:		0-3
Meet required minimum SAT or ACT math score OR		
ACSD 110	Beginning Algebra	
<b>Total Hours</b>		<b>0-3</b>

## Computer Competency

Code	Title	Hours
Demonstrate "computer competency" by one of the following:		0-3
Pass Computer Competency Exam OR		
Select one of the following at SRU or another post-secondary institution:		
CPSC 100	Introduction to Computing for Liberal Arts	
CPSC 110	Computer Concepts	
CPSC 130	Introduction to Computing and Programming	
PE 202	Technology for Wellness	
<b>Total Hours</b>		<b>0-3</b>

## Major Requirements

- If you choose to pursue the Pre-OT SRU 3+3 RT program and not accepted into the OTD program, then you are required to complete RCTH 415, RCTH 423, PE 360 and additional approved RT electives. (See RT BS degree curriculum guide).

Code	Title	Hours
<b>Recreational Therapy Courses</b>		
Must earn a "C" or better in all of the following RCTH courses:		
RCTH 120	Disability, Community Inclusion, and Diversity <sup>1</sup>	3
RCTH 220	Recreational Therapy Services <sup>1</sup>	3
RCTH 232	Recreational Therapy for People with Physical Disabilities <sup>1</sup>	3
RCTH 233	Recreational Therapy for People with Psychosocial and Mental Disorders <sup>1</sup>	3
RCTH 314	Clinical Aspects of Recreational Therapy <sup>1</sup>	3
RCTH 317	Organization and Management of Recreational Therapy Practice <sup>1</sup>	3
RCTH 319	Client Assessment in Recreational Therapy <sup>1</sup>	3
RCTH 320	Recreational Therapy Program Design <sup>1</sup>	3
RCTH 351	Recreational Therapy Practicum <sup>1</sup>	3
RCTH 420	Recreational Therapy for Older Adults <sup>1</sup>	3
RCTH 422	Recreational Therapy Interventions I <sup>1</sup>	3
RCTH 450	Internship <sup>1,2</sup>	12
<b>Required Recreational Therapy Courses from other departments and Occupational Therapy Prerequisite courses</b>		
PE 364	Biomechanics of Individuals with Disabilities <sup>1</sup>	3
PSYC 276	Introduction to Abnormal Psychology	3
<b>Subtotal</b>		<b>51</b>
<b>Total Hours</b>		<b>51</b>

<sup>1</sup> Course counts for 50% of Major requirements and Major GPA

<sup>2</sup> Students must become certified in First Aid and CPR. This can be accomplished by taking a course (example: American Heart Assoc.)

\* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

## Additional Occupational Therapy Prerequisite Courses

Code	Title	Hours
SOWK 318	Research Methods	3
or INDP 318	Research Methods in Interdisciplinary Studies	
ERS 250	Medical Terminology	3
or HCAM 250	Medical Terminology for Healthcare Administrators	
<b>Total Hours</b>		<b>6</b>

## NCTRC Certification Requirements

These courses must be completed by the student in order to be eligible to take NCTRC Certification Exam

Code	Title	Hours
PSYC 105	Introduction to Psychology <sup>1</sup>	3
PSYC 244	Developmental Psychology <sup>1</sup>	3
PSYC 276	Introduction to Abnormal Psychology	3
PE 360	Anatomical and Physiological Basis of Physical Activity/Lab	3
PE 364	Biomechanics of Individuals with Disabilities	3
PHIL 325	Medical/Health Care Ethics <sup>1</sup>	3
Total Hours		18

<sup>1</sup> Course can be counted as a Rock Studies Requirement, but earns credit only once toward your 120-credits total.

### Co-curricular and Experimental Learning

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. High-Impact Practice (HIP) designated classes
2. Student-faculty research
3. Student leadership development
4. Service-learning classes
5. Internships
6. Volunteering

### Doctor of Occupational Therapy (OTD) Prerequisite Admission Requirements – Pre-Occupational Therapy SRU

#### For Application Requirements

Please refer to Slippery Rock University's Occupational Therapy Studies (Master of Science in Occupational Therapy Studies) website for requirements: <http://www.sru.edu/OT> (<http://www.sru.edu/OT/>)

### Liberal Studies and Rock Studies

Code	Title	Hours
<b>Prerequisite Courses - SRU Occupational Therapy</b>		
BIOL 216	Anatomy and Physiology I with Lab	3
BIOL 217	Anatomy and Physiology II with Lab	3
ERS 250 or HCAM 250	Medical Terminology Medical Terminology for Healthcare Administrators	3
PHYS 201 or PE 364	Elements of Physics I with Lab Biomechanics of Individuals with Disabilities	4
STAT 152	Elementary Statistics I	3
Research Methods <sup>1</sup>		3
PSYC 105	Introduction to Psychology	3
PSYC 244	Developmental Psychology	3
PSYC 276	Introduction to Abnormal Psychology	3
Anthropology or Sociology <sup>1</sup>		3
Total Hours		31

<sup>1</sup> Select one course. See *My Rock Audit* for specific courses.

### Pre-Occupational Therapy SRU 3+3

If any of these requirements are not met, the 3+3 designation will be removed from the student's record:

1. A 3.0 or higher overall GPA must be maintained by the student.
2. The student can only be enrolled in the Pre-Occupational Therapy SRU 3+3 program for a maximum of three (3) years, full-time continuous enrollment (fall/spring).

### Provision

Should a Pre-Occupational Therapy SRU 3+3 student be unsuccessful in completing the 1<sup>st</sup> two semesters (summer or fall) of the Occupational Therapy Program and wants to complete the original undergraduate degree, it is solely up to the discretion of the undergraduate program Department Chair to determine which, if any, Occupational Therapy courses will count toward the completion of his/her undergraduate degree. In addition, students must complete any unfulfilled requirements of their undergraduate major. Students may still apply to the Doctor of Occupational Therapy Program with an earned Bachelor's degree.

RECREATIONAL THERAPY - BS (6393)

PRE-OT SRU 3+3 (6RTO)

This program is effective as of Fall 2019.

Revised 7-2019

UCC 3.26.2019

### Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

## RECOMMENDED ROCK STUDIES THREE-YEAR PLAN

Course	Title	Hours
<b>First Year</b>		
<b>Fall</b>		
RCTH 120	Disability, Community Inclusion, and Diversity	3
RCTH 220	Recreational Therapy Services	3
ENGL 102	Critical Writing	3
INDS 101	FYRST Seminar <sup>1</sup>	1
PSYC 105	Introduction to Psychology	3
SUBJ 139	University Seminar *	3
		Hours
		16
<b>Spring</b>		
RCTH 233 or RCTH 232	Recreational Therapy for People with Psychosocial and Mental Disorders or Recreational Therapy for People with Physical Disabilities	3
ERS 250	Medical Terminology (Fulfills 21st Century Healthcare Thematic Thread requirement)	3

ENGL 104	Critical Reading	3
PSYC 244	Developmental Psychology	3
STAT 152	Elementary Statistics I	3
Creative & Aesthetic Inquiry ( <a href="http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
Hours		18

\* Course offered in multiple subjects; cannot take course in first major subject.

<sup>1</sup> Students are encouraged to take INDS 101 as a Free Elective.

<sup>2</sup> Work with your Academic Adviser to declare a Thematic Thread by the end of your fall semester in your second year. Click [here](#) to declare a thread.

## Second Year

### Fall

RCTH 233 or RCTH 232	Recreational Therapy for People with Psychosocial and Mental Disorders or Recreational Therapy for People with Physical Disabilities	3
BIOL 216	Anatomy and Physiology I with Lab	3
INDP 201 or INDP 202	Principles of Sociology or Introduction to Anthropology	3
PSYC 276	Introduction to Abnormal Psychology	3
Select one of the following:		3
COMM 200	Civil Discourse: Theory & Practice	
PHIL 110	Ethics and Civil Discourse	
POLS 235	Civil Discourse and Democracy	
Thematic Thread Requirement ( <a href="http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
Declare a Thematic Thread <sup>2</sup>		
Hours		18

Major Code: 6RTO  
Revised: 12.10.2020

*\*\* This document is meant to serve as a guide. Some planners may show more than 120 credits because faculty have created flexibility in choosing courses. However, only 120 credits are required to obtain a degree. Please consult with your academic adviser and refer to your curriculum guide prior to registering for courses. This plan should be reviewed, and verified, by you and your academic adviser at least once each academic year.*

### Spring

RCTH 314	Clinical Aspects of Recreational Therapy	3
RCTH 317	Organization and Management of Recreational Therapy Practice	3
BIOL 217	Anatomy and Physiology II with Lab	3
INDP 318 or SOWK 318	Research Methods in Interdisciplinary Studies or Research Methods	3
PE 364	Biomechanics of Individuals with Disabilities	3
Humanities Inquiry ( <a href="http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
Hours		18

## Third Year

### Fall

RCTH 319	Client Assessment in Recreational Therapy	3
RCTH 320	Recreational Therapy Program Design	3
RCTH 420	Recreational Therapy for Older Adults	3
RCTH 422	Recreational Therapy Interventions I	3
RCTH 351	Recreational Therapy Practicum	3
Thematic Thread Requirement ( <a href="http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> )		3
Hours		18

### Spring

RCTH 450	Internship	12
PHIL 325	Medical/Health Care Ethics	3
Hours		15
Total Hours**		103