

# RECREATIONAL THERAPY, BACHELOR OF SCIENCE (BS) - PRE-OCCUPATIONAL THERAPY TRADITIONAL - ROCK STUDIES

## Recreational Therapy Program Learning Outcomes

- **Degree Program Writing Competency:** Upon completion of the degree program RT students will write professionally and effectively, according to expectations of the Recreational Therapy profession.
- **Life-Long Learning:** Recognize the importance of lifelong learning and demonstrates responsibly for self-assessment and growth. This ability is evident through the demonstration of self initiating behaviors, anticipating and responding to changes in a productive manner, assuming responsibility for continuous self reflection assessment of strengths and limitations and in seeking out information from a variety of resources in an independent manner.
- **Methodological Proficiency:** Upon completion of the degree program RT students will use an analytical framework to facilitate the Recreational Therapy process to meet the needs of individuals. The abilities developed include a solid knowledge of the RT process, assessment methods, planning skills, intervention, techniques and strategies, and evaluation skills.
- **Professional Decision Making:** Analyze and synthesize complex information to make sound clinical decisions. This ability is inclusive of areas such as problem solving, critical thinking, evaluation and organization with application to clinical and non clinical areas.
- **Professional Interactions:** Effectively communicates with people in a variety of professional contexts including assisting clients in confronting and coping with life challenges, collaborating on teams and presenting information in oral and written formats. The abilities developed include striving to maintain objectivity, tolerating ambiguity, appreciating diversity and adhering to conventional standards of expression.
- **Valuing Ethical Responsibilities:** Act with professional values in all situations. These skills include maintaining appropriate humane and ethical treatment of individuals as well as upholding the professional code of ethics. This expertise includes formulating value judgments reflecting a respect for dignity and individuality of every person.

## What are your options?

**Pre-Occupational Therapy SRU 3+3:** Earn a Doctor of Occupational Therapy in six years rather than seven. In the first three years, you complete your exercise science major courses and pre-requisites for the SRU OTD program. At the end of your second year, you apply for admission into the SRU OTD program. If accepted, your first year in the SRU OTD program meets the remaining requirements for your undergraduate degree. If not accepted, you continue to complete your undergraduate degree and can reapply to the program. The accelerated option is for incoming freshmen only.

**Pre-Occupational Therapy (SRU Traditional):** Complete the requirements for your exercise science major and the pre-requisites for the SRU OTD program and apply to the SRU OTD program in your senior year.

## Related Links

Recreational Therapy - Pre-Occupational Therapy, BS Program Page (<https://www.sru.edu/academics/majors-and-minors/recreational-therapy-pre-occupational-therapy/>)

Recreational Therapy Department Page (<https://www.sru.edu/academics/colleges-and-departments/ches/departments/recreational-therapy/>)

Professional Licensure/Certification Page (<http://www.sru.edu/Documents/offices/PRMA/PLC.pdf>)

If you are a Liberal Studies student, please click here (<http://catalog.sru.edu/undergraduate/health-engineering-sciences/parks-conservation-recreational-therapy/recreational-therapy-bs-pre-occupational-therapy-traditional-liberal/#curriculumguidetext>) for your Curriculum Guide.

## Curriculum Guide

### GPA Requirement

Major GPA: 2.50 or higher  
Overall GPA: 2.50 or higher

### Summary\*

| Code | Title                            | Hours |
|------|----------------------------------|-------|
|      | Rock Studies Requirements        | 42    |
|      | Other Basic Requirements         | 0-3   |
|      | Computer Competency              | 0-3   |
|      | Major Requirements               | 60    |
|      | Professional Electives           | 12    |
|      | NCTRC Certification Requirements | 18    |
|      | Electives                        | 18    |

\* All undergraduate degree programs require a minimum of 120 credits. Some courses meet multiple requirements, but are only counted once toward the 120 credit total required to graduate.

### Rock Studies Requirements

| Code                         | Title                               | Hours |
|------------------------------|-------------------------------------|-------|
| <b>The Rock</b>              |                                     |       |
| SUBJ 139                     | University Seminar <sup>1</sup>     | 3     |
| ENGL 102                     | Critical Writing                    | 3     |
| ENGL 104                     | Critical Reading                    | 3     |
| MATH 117                     | Quantitative Reasoning <sup>2</sup> | 3     |
| Select one of the following: |                                     | 3     |
| COMM 200                     | Civil Discourse: Theory & Practice  |       |
| PHIL 110                     | Ethics and Civil Discourse          |       |
| POLS 235                     | Civil Discourse and Democracy       |       |
| Subtotal                     |                                     | 15    |

### Integrated Inquiry

|                                       |   |   |
|---------------------------------------|---|---|
| <i>Creative and Aesthetic Inquiry</i> |   |   |
| Select 3 Credits                      | ( <a href="http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/">http://catalog.sru.edu/undergraduate/rock-studies/rock-studies-quick-guide/</a> ) | 3 |

|  |   |    |
|--|---|----|
| <i>Humanities Inquiry</i>                    |   |    |
| PHIL 325                                     | Medical/Health Care Ethics                    | 3  |
| <i>Social Science Inquiry</i>                |   |    |
| PSYC 105                                     | Introduction to Psychology                    | 3  |
| <i>Natural and Physical Sciences Inquiry</i> |   |    |
| SCI 101                                      | Science of Life <sup>2</sup>                  | 3  |
| SCI 102                                      | Understanding the Physical World <sup>2</sup> | 3  |
| Subtotal                                     |   | 15 |
| <b>Thematic Thread</b>                       |   |    |
| Select 12 credits: <sup>2,3</sup>            |   | 12 |
| PSYC 244                                     | Developmental Psychology                      |    |
| Additional Course                            |   |    |
| Additional Course                            |   |    |
| Additional Course                            |   |    |
| Total Hours                                  |   | 42 |

<sup>1</sup> Course offered in multiple subjects; cannot take course in first major subject.

<sup>2</sup> Consult with your academic adviser as course options are available to assist in meeting DOT prerequisite admission requirements.

<sup>3</sup> At least 3 categories; no more than 6 credits from one department.

### Basic Math Requirement

Check with your adviser or a current degree audit report to see if you have been exempted from this course. The credit earned in this course will not be counted toward the 120 credit hour minimum needed to earn a degree.

| Code   | Title             | Hours |
|--|-------------------|-------|
| Complete one of the following:                 |                   | 0-3   |
| Meet required minimum SAT or ACT math score OR |                   |       |
| ACSD 110                                       | Beginning Algebra |       |
| Total Hours                                    |                   | 0-3   |

### Computer Competency

| Code  | Title                                      | Hours |
|---|--|-------|
| Demonstrate "computer competency" by one of the following:                |  | 0-3   |
| Pass Computer Competency Exam OR  |  |       |
| Select one of the following at SRU or another post-secondary institution: |  |       |
| CPSC 100  | Introduction to Computing for Liberal Arts |       |
| CPSC 110  | Computer Concepts                          |       |
| CPSC 130  | Introduction to Computing and Programming  |       |
| PE 202  | Technology for Wellness                    |       |
| Total Hours   |  | 0-3   |

### Major Requirements

- 30 major credits must be taken at SRU or PASSHE
- 30 major credits must be taken at the 300 level or above

| Code  | Title   | Hours |
|---|---|-------|
| <b>Recreational Therapy Courses</b>                             |   |       |
| Must earn a "C" or better in all of the following RCTH courses: |   |       |
| RCTH 120  | Disability, Community Inclusion, and Diversity <sup>1</sup> | 3     |

|          |   |    |
|----------|---|----|
| RCTH 220 | Recreational Therapy Services <sup>1</sup>  | 3  |
| RCTH 232 | Recreational Therapy for People with Physical Disabilities <sup>1</sup>             | 3  |
| RCTH 233 | Recreational Therapy for People with Psychosocial and Mental Disorders <sup>1</sup> | 3  |
| RCTH 314 | Clinical Aspects of Recreational Therapy <sup>1</sup>                               | 3  |
| RCTH 317 | Organization and Management of Recreational Therapy Practice <sup>1</sup>           | 3  |
| RCTH 319 | Client Assessment in Recreational Therapy <sup>1</sup>                              | 3  |
| RCTH 320 | Recreational Therapy Program Design <sup>1</sup>                                    | 3  |
| RCTH 351 | Recreational Therapy Practicum <sup>1</sup>   | 3  |
| RCTH 415 | Challenges and Trends in Recreational Therapy <sup>1</sup>                          | 3  |
| RCTH 420 | Recreational Therapy for Older Adults <sup>1</sup>                                  | 3  |
| RCTH 422 | Recreational Therapy Interventions I <sup>1</sup>                                   | 3  |
| RCTH 423 | Recreational Therapy Interventions II <sup>1</sup>                                  | 3  |
| RCTH 450 | Internship <sup>1,2</sup>   | 12 |
| Subtotal |   | 51 |

#### Required Recreational Therapy Courses from Other Departments

|             |  |    |
|-------------|--|----|
| PE 360      | Anatomical and Physiological Basis of Physical Activity/Lab <sup>1</sup> | 3  |
| PE 364      | Biomechanics of Individuals with Disabilities <sup>1</sup>               | 3  |
| PSYC 244    | Developmental Psychology <sup>1</sup>                                    | 3  |
| Subtotal    |  | 9  |
| Total Hours |  | 60 |

<sup>1</sup> Course counts for 50% of Major requirements and Major GPA

<sup>2</sup> Students must become certified in First Aid and CPR prior to the internship

\* Some courses may require pre-requisites. Please see course descriptions to determine if there are any pre-requisites for that specific course.

### Professional Electives

| Code                           | Title                               | Hours |
|--------------------------------|-------------------------------------|-------|
| PSYC 105                       | Introduction to Psychology          | 3     |
| PHIL 325                       | Medical/Health Care Ethics          | 3     |
| PSYC 276                       | Introduction to Abnormal Psychology | 3     |
| Approved Professional Elective |                                     | 3     |
| Total Hours                    |                                     | 12    |

### NCTRC Certification Requirements

These courses must be completed by the student in order to be eligible to take NCTRC Certification Exam

| Code     | Title   | Hours |
|----------|---|-------|
| PSYC 105 | Introduction to Psychology                                  | 3     |
| PSYC 244 | Developmental Psychology                                    | 3     |
| PSYC 276 | Introduction to Abnormal Psychology                         | 3     |
| PE 360   | Anatomical and Physiological Basis of Physical Activity/Lab | 3     |
| PE 364   | Biomechanics of Individuals with Disabilities               | 3     |

|             |                            |    |
|-------------|----------------------------|----|
| PHIL 325    | Medical/Health Care Ethics | 3  |
| Total Hours |                            | 18 |

### Additional Occupational Therapy Prerequisite Courses

| Code   | Title  | Hours |
|--|--|-------|
| Select from courses listed below (1 or other): |  |       |
| INDP 318                                       | Research Methods in Interdisciplinary Studies                            | 3     |
| SOWK 318                                       | Research Methods   | 3     |
| ERS 250<br>or HCAM 250                         | Medical Terminology<br>Medical Terminology for Healthcare Administrators | 3     |

SRU students should note that the My Rock Audit may place already-earned and/or in progress courses in different, yet valid, curriculum categories. Enrolled SRU students should use the My Rock Audit Report and materials and information provided by their faculty advisers to ensure accurate progress towards degree completion. *The information on this guide is current as of the date listed. Students are responsible for curriculum requirements at the time of enrollment at the University.*

PASSHE - Pennsylvania State System of Higher Education Institutions

RECREATIONAL THERAPY - BS (6393)

PRE-PT (SRU Traditional)

Effective Fall 2019

Revised 10.30.20

UCC 3.26.2019

### Co-Curricular and Experiential Learning

Students are encouraged to explore additional curricular and co-curricular opportunities. There is a strong correlation between long-term student success and participation in the following types of programs and activities:

1. High-Impact Practice (HIP) designated classes
2. Student-faculty research
3. Student leadership development
4. Service-learning classes
5. Internships
6. Volunteering

### Doctor of Occupational Therapy (OTD) Prerequisite Admission Requirements

#### For Application Requirements

Please refer to Slippery Rock University's Occupational Therapy Studies (Master of Science in Occupational Therapy Studies) website for requirements: <http://www.sru.edu/OT> (<http://www.sru.edu/OT/>)

#### Liberal Studies and Rock Studies

| Code   | Title   | Hours |
|--|---|-------|
| <b>Prerequisite Courses - SRU Occupational Therapy</b> |   |       |
| BIOL 216   | Anatomy and Physiology I with Lab   | 3     |
| BIOL 217   | Anatomy and Physiology II with Lab  | 3     |
| ERS 250<br>or HCAM 250                                 | Medical Terminology<br>Medical Terminology for Healthcare Administrators        | 3     |
| PHYS 201<br>or PE 364                                  | Elements of Physics I with Lab<br>Biomechanics of Individuals with Disabilities | 4     |
| STAT 152   | Elementary Statistics I   | 3     |
|  | Research Methods <sup>1</sup>   | 3     |
| PSYC 105   | Introduction to Psychology  | 3     |
| PSYC 244   | Developmental Psychology  | 3     |
| PSYC 276   | Introduction to Abnormal Psychology   | 3     |
|  | Anthropology or Sociology <sup>1</sup>  | 3     |
| Total Hours  |   | 31    |

<sup>1</sup> Select one course. See My Rock Audit for specific courses.

### Important Curriculum Guide Notes

This Curriculum Guide is provided to help SRU students and prospective students better understand their intended major curriculum. Enrolled