

PHYSICAL EDUCATION - COACHING, MINOR

Great coaches bring out the best in their athletes. Whether it's perfecting a technique or learning good sportsmanship, coaches lead their team to victories on and off the field. The minor in Coaching at SRU prepares coaches to make ethical decisions related to development, implementation, and evaluation of athletic experiences.

WHY CHOOSE COACHING?

If you have a passion for sports, a knack for connecting with others, and the spark to lead, the minor in Coaching will prepare you for an exciting career. As organized sports continue to grow, the need for qualified and competent coaches is rising. When you minor in Coaching at SRU, you'll gain the skills you need to provide the best experience and opportunities for athletes of all ages and levels.

WHAT WILL YOU LEARN?

You will be prepared to coach athletes of all ages with the skills you gain through this minor. Courses in the philosophy and psychology of coaching, psychological and sociological bases of sport, motor development and learning, and sports officiating will give you the fundamentals you will need to be an effective coach.

You will also complete three practicum experiences where you will have hands-on experience working with three different athletic teams of their choice. Opportunities range from coaching at local YMCAs, youth and community sports, high school teams, college programs, and even adult leagues. You can gain experience beyond traditional team sports like baseball, softball, basketball, football, and soccer. Options also include rugby, deck hockey, ice hockey, tennis, wrestling and gymnastics, to name a few. Your practicum experiences can be individually structured based on your interests and experiences.

To access Minor Requirements, please view the Curriculum Guide tab.

Related Links

Coaching, Minor Program Page (<https://www.sru.edu/academics/majors-and-minors/coaching-minor/>)

Professional Licensure/Certification Page (<https://www.sru.edu/students/student-consumer-information/professional-licensures/>)