

# STUDENT COUNSELING CENTER

---

**Clinical Director**

Dr. Ken Messina LPC

**Phone**

724.738.2034

**Email**

scc@sru.edu

The Student Counseling Center (SCC) strives to facilitate the total development of students by reducing distress, enhancing mental health, well-being, quality of life, and supporting aspirations. Our primary focus is on providing brief, confidential counseling aimed at helping students to succeed academically and interpersonally. When students require mental health services that are beyond the role or scope of the SCC, we will make appropriate referrals to campus and community resources. See our website for services and contact information.

<https://www.sru.edu/life-at-sru/health-and-wellness/counseling-center>  
(<https://www.sru.edu/life-at-sru/health-and-wellness/counseling-center/>)